



CAWL

Coach Academy West Lothian

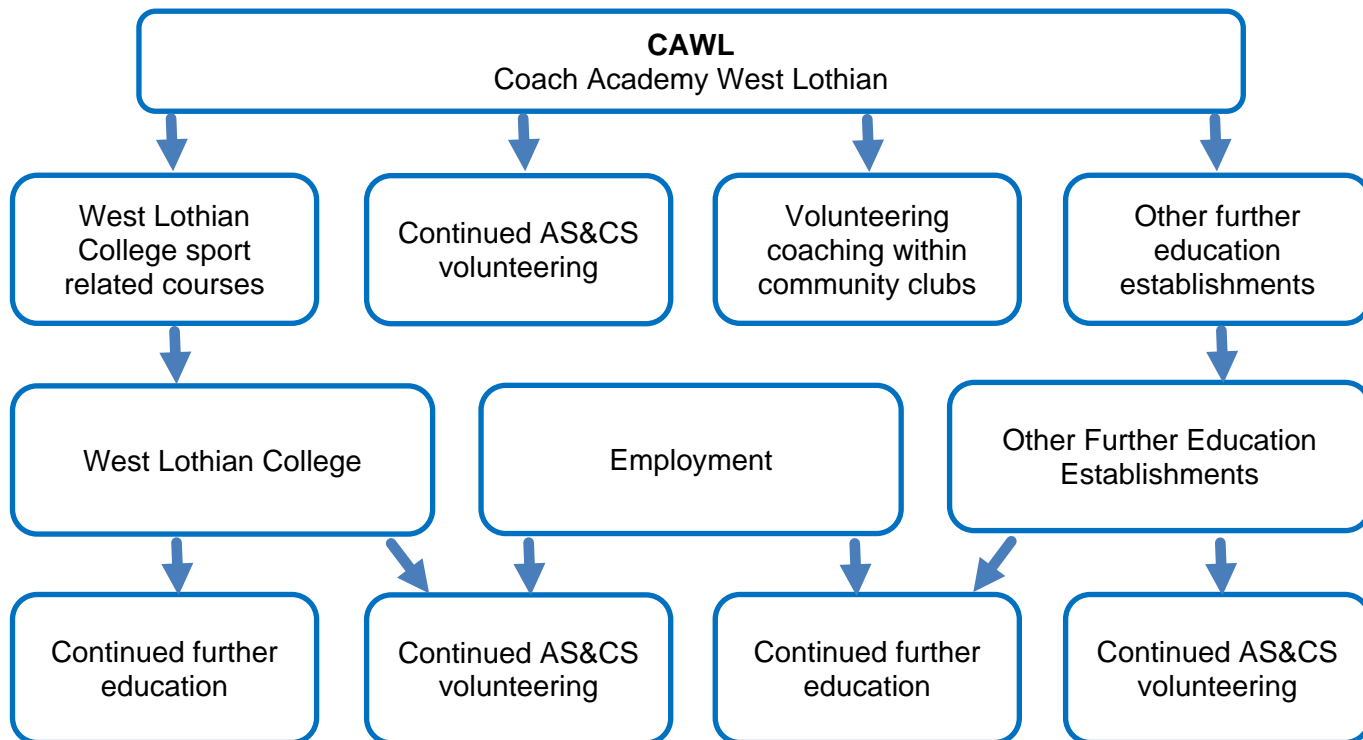
Pupil and Parent Information Pack

2023-24



Aims & Background

Coach Academy West Lothian is a programme designed to develop young people as sports coaches through support and training opportunities. The programme will endeavour to create a pathway for young people who are interested in choosing a sports coaching related profession once leaving school, by providing a valuable experience that can help lead on to further education opportunities or casual employment as a sports coach. The programme is organised and delivered by the Active Schools and Community Sport (AS&CS) team within West Lothian Council.



What you will gain from being a part of CAWL

- An introduction to sports coaching and training opportunities to support your development;
- Opportunities to put new skills and knowledge into practice;
- Valuable leadership experience that will support future college/university/job applications;
- Guidance and support from your Active Schools Coordinator throughout the programme; and
- The chance to meet like-minded people and make new friends.

Direct entry to West Lothian College

An additional benefit for pupils who are accepted onto the Coach Academy programme is that they will receive direct entry into courses at West Lothian College upon meeting an agreed criteria. This is an agreement between Active Schools and Community Sport and West Lothian College who recognise the workshops and modules the pupils complete as being beneficial for those students taking up their courses. The entry requirements agreed by West Lothian College are,

- Any pupil who completes the Coach Academy, while also possessing Higher English, will be unconditionally accepted on to the 'HNC Sports Coaching' programme if an application is completed before June of the start year.
- Any pupil who completes the Coach Academy, but does not possess Higher English, will be unconditionally accepted on to the Level 6 'Sports Performance' programme if an application is completed before June of the start year.

Selection Process

The Coach Academy West Lothian (CAWL) is open to S5 pupils across all West Lothian secondary schools. The first stage of the selection process requires pupils to complete an application form by **Friday 9th June 2023**. Application forms will then be reviewed by the Active Schools Coordinator and school staff from each school staff to identify the pupils they feel will benefit most from being involved in the programme. These pupils may be invited to take part in some basic training prior to the school summer holidays, the date for this will be confirmed once applications are reviewed. At the basic training day applicants will be assessed on their commitment, teamwork and interaction with other pupils, this will then be used to make a final decision along with their application to determine if they will be offered a place on the Coach Academy.

Following the basic training, those selected to take part in Coach Academy will be required to attend various training dates across a number of school holiday periods and on Friday afternoons throughout the year.

To apply for this year's Coach Academy programme pupils should complete an application form online using the following link, or QR code

<https://forms.office.com/e/M0Stzrr6Wr>



Employability

It is anticipated that by engaging in the programme, pupils that have an interest in a career in sport and physical activity will be in a stronger position to access the pathways open to them when they prepare to leave secondary education and are considering their further education or employment options.

Coach Academy pupils will receive a variety of training opportunities as part of the programme, some of which are mandatory and some of which will be in addition to the core programme.

Training

Mandatory Training Dates

Pupils selected to take part in Coach Academy will be required to attend various training dates across a number of school holiday periods and on Friday afternoons throughout the year, with the provisional dates as follows:

- Tuesday 8th August (Teambuilding Day)
- Tuesday 19th September
- Monday 16th October
- Friday 20th November
- Monday 19th February

In addition to the mandatory training dates, each Coach Academy pupil and a parent / guardian will be required to attend a launch evening at a date and time to be confirmed. There will also be a graduation event held towards the end of the academic year.

Additional Training

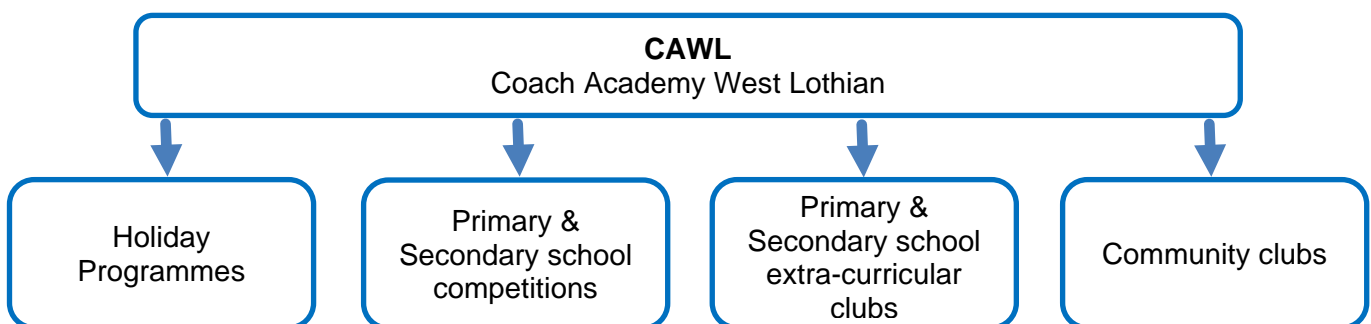
CAWL pupils will also have the opportunity to go on additional courses such as Emergency First Aid, Child Wellbeing and Protection in Sport, West Lothian College Modules and UKCC / SCC courses. Information on such opportunities will be sent out to Coach Academy pupils via email along with information on the booking process to register for these opportunities. Additional opportunities will be dependent on funding to cover course costs.

Mandatory Volunteer Placement

Coach Academy pupils will be required to complete a placement with Active Schools which will involve volunteering a minimum of 10 hours of coaching time. Each pupil will receive support and guidance in order to arrange and secure a placement that lies in an area of interest to them, with placements within a primary or secondary school setting. The placement should be discussed in the first instance with the relevant Active Schools Coordinator who will advise the Coach Academy pupil of the opportunities and avenues available to them, with placements expected to be in place by the October holidays and should be completed by Easter at the latest. Pupils should be aware that they will be supported throughout this process by their Active Schools Coordinator

Additional Volunteering Opportunities

There will also be opportunities to support activities coordinated by the Active Schools team. After school clubs, school festivals and competitions across the primary and secondary sectors, as well as holiday programmes, are held throughout the year where volunteers are required to help support and run these programmes.



Coach Academy Delivery Team

Graeme Young is the lead coordinator for Coach Academy. Graeme can be contacted at the following email address: graeme.young@westlothian.org.uk or on mobile number 07920 534 283 should you wish to discuss any aspect of the programme.

The rest of the delivery team involved in Coach Academy are Demi Mitchell, Ben Boatman and Karen Brodie, contact details can be found below.

Demi Mitchell - demi.mitchell@westlothian.org.uk or 07500107878

Ben Boatman - ben.boatman@westlothian.org.uk or 07867888838

Karen Brodie – karen.brodie@westlothian.org.uk or 07767830529

Active Schools Coordinator email contacts:

An Active Schools Coordinator is based in each of the secondary schools and will provide support and guidance for their relevant CAWL pupils. Pupils can contact their relevant coordinator at any time using the contact details listed below:

Armadale Academy – Kelly Keogh & Karen Brodie, ArmadaleActiveSchools@westlothian.gov.uk

Bathgate Academy – Graeme Young, graeme.young@westlothian.org.uk

Broxburn Academy – Ross Logan & Libby Harris, ross.logan@westlothian.org.uk / libby.harris@westlothian.org.uk

Deans Community High School – Angela Coulter, angela.coulter@westlothian.org.uk

Inveralmond Community High School – Stewart Livingston, stewart.livingston@westlothian.org.uk

James Young High School – Kim O'Connor, kim.oconnor@westlothian.org.uk

Linlithgow Academy – Laura Livingstone, laura.livingstone@westlothian.org.uk

St Kentigern's Academy – Sheree Benassi, sheree.benassi@westlothian.org.uk

St Margaret's Academy – Kelly Keogh, kelly.keogh@westlothian.org.uk

West Calder High School – Kat Stark, katriona.stark@westlothian.org.uk

Whitburn Academy – Ben Boatman, ben.boatman@westlothian.org.uk

Winchburgh Academy – Demi Mitchell, demi.mitchell@westlothian.org.uk