# West Lothian Secondary Schools Survey November 2023

2,809 young people in all 13 secondary schools across West Lothian contributed their views, via an online survey, about the food and drink served in their schools.



Young people were asked to rate their preferred items in categories of the foods and drinks served at lunchtime and during morning break. Additional focus groups were held to discuss options and give explanations around why certain items were not offered due to the need to comply with current Scottish Government nutritional legislation.

#### WHEN .... from Monday 22nd January, 2024

## YOU asked for .... a more creative menu



- New tasty 3 week 'pupil designed' menus will be available.
- Additional drink options, including carbonated diet drinks, will be available at lunchtimes.

#### YOU asked for .... meal deals



■ A meal deal option will be available for the first time in the canteen.

## YOU asked for .... the Fusion app to be improved



- The app will now contain a link to view canteen menus, allowing pupils and parents to make an informed meal selection.
- Meal deal options will now feature on the Fusion pre-order.

#### Price .... £2.45 for all meal deals & 3 course meals

■ The price allows those with free school meal allowance the opportunity to buy lunch and have £0.60 for morning break.

## The survey results underlined the significance of collaborative efforts to enhance the quality and variety of school meals. West Lothian Council will measure

if the changes introduced lead to an increased uptake in school lunches.

#### Scan QR codes for more details



Meal Deals & 3 week menu



Nutritional Guidance