

How do I apply?

If you want to apply for our benefits in a language that's not English call us on **0800 182 2222** and ask for an interpreter.

We can arrange an interpreter in over 100 languages and they will help you fill in the application over the phone.

It's free for you to apply in a language that's not English. The online and paper application forms are only in English.

Visit **mygov.scot/benefits** to apply online.



How to contact us



Call us free on: 0800 182 2222



Text Relay Service: 18001 +0300 244 4000
(for the hard of hearing)



British Sign Language users: [contactsotland-bsl.org](https://www.contactsotland-bsl.org)



Webchat: chat.socialsecurity.gov.scot

Get extra support applying for benefits

The Independent Advocacy Service provided by VoiceAbility is open to anyone with a disability who needs support to access and apply for Social Security Scotland benefits. Contact VoiceAbility directly for free on **0300 303 1660** or by visiting **www.voiceability.org**.



HAPPY TO TRANSLATE
Call 0800 182 2222

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Social Security
Scotland

Tèarainteachd Shòisealta Alba

A guide to

Social Security Scotland's benefits



Dignity,
fairness,
respect.

Social Security Scotland was set up by the Scottish Government to deliver a social security system for the people of Scotland based on the values of dignity, fairness and respect.

We deliver benefits for people with children under 16, disabled people, carers, young people entering the workplace, people who need help paying for a funeral and to help people heat their homes.

The Department for Work and Pensions (DWP) and local authorities also continue to deliver some benefits.

For people with children under 16

People getting Universal Credit, tax credits or other qualifying benefits could be entitled to five family payments.

Best Start Grant Pregnancy and Baby Payment

A £754.65 payment for a first child and £377.35 for other children. People can apply from the end of the 24th week of pregnancy until their baby is 6 months old.

Best Start Grant Early Learning Payment

A £314.45 payment when a child is between the ages of 2 and 3.5 years. People can still get the payment if their child is not taking up a place at nursery.

Best Start Grant School Age Payment

A £314.45 payment when a child is first old enough to start school. You don't need to take up a school place to get the payment.

Best Start Foods

Money every four weeks on a pre-paid card from pregnancy until a child is 3 years old to buy healthy food.

Scottish Child Payment

A payment of £106.80 every 4 weeks for each of your children under the age of 16.

For young people entering the workplace

Job Start Payment

£314.45 to help people aged 16-24 with the costs of starting a new job. Available to those who have been getting certain benefits for 6 months or more and returning to work after being unemployed. People with children will receive £503.10.

For people who need help paying for a funeral

Funeral Support Payment

A one off payment to help cover some of the costs of a funeral. For people getting Universal Credit, tax credits or other qualifying benefits.

To help people heat their homes

Child Winter Heating Payment

£251.50 paid once a year help disabled children, young people and their families getting certain qualifying benefits with increased heating costs over winter.

Winter Heating Payment

A yearly payment of £58.75 that's paid automatically to help people getting certain benefits who might have extra heating needs.

For carers

Carer's Allowance Supplement

An extra payment of £288.60 to people who are getting Carer's Allowance from the DWP or Carer Support Payment from Social Security Scotland on certain qualifying dates. This is paid automatically every 6 months.

Young Carer Grant

A payment of £383.75 once a year for 16, 17 and 18 year olds who care for someone getting a disability benefit for around 16 hours a week.

For disabled people

Child Disability Payment

A payment every 4 weeks to help with the extra costs of caring for a child with a disability, illness or health condition.

Adult Disability Payment

Financial support for people if they are aged between 16 and state pension age, and are disabled, have a long term health condition or terminal illness.

For the latest information on the benefits we deliver visit mygov.scot/benefits