



ICHS Newsletter

WC 26/08/24

Boxing Champion

Massive congratulations to Kara Young in S4, who became the first Scottish schoolgirl to take the European Schools Boxing title. Kara beat Georgia's Mariami Nakani in the final to take gold in Bosnia. For full info, please click on the following link to a Daily Record article on Kara. [Boxing Champion](#)

S1 Football Trials

Trials for the S1 boys football team will be on the 4G pitch on Wednesday 4th September from 3:30-4:30 with Mr Strange. Players should bring appropriate football kit as trials will be outside.

S2 Football Trials

There will be after school trials for the S2 football team soon. Mr Waddell will meet players at 12:30 at the PE hall/changing rooms on Friday 30th August. Players should bring appropriate football kit as trials will be outside. If you have any questions, ask Mr Waddell at break/lunch time throughout the week.

West Lothian Netters

West Lothian netters, a local netball club, are currently on the hunt for additional under 18's players. They train on Wednesdays at St Margaret's Academy, 19:30 to 21:00. Email (wljuniornetters@gmail.com) if you'd be interested in going along for a trial.



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Get your marked exam papers back

This year SQA are running a trial for schools to download copies of marked exam papers in five subjects.

Geography - National 5 and Higher

Graphic Communication - National 5, Higher and Advanced Higher

Media - National 5

Music - National 5, Higher and Advanced Higher

Statistics - Advanced Higher

This service closes on Tuesday 27 September. To access your papers please complete the Permission Access to Marked Exam Papers form here:

<https://inveralmondchs.westlothian.org.uk/article/15154/Useful-Links>

Then hand this form back in to the main school office or Reflection by the 25th of September. More information can be found on this website:

<https://www.sqa.org.uk/sqa/110733.html>



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Young Ambassadors

There is an exciting opportunity for all S5's and S6's to apply to be this years Sport Scotland's Young Ambassadors and Inveralmond's Sports Captains. If this is something you are interested in, please fill out the below forms link or come speak to Miss Livingstone in the PE base. <https://forms.office.com/e/idPHjymKza>

Lockers

Anyone who would like to purchase a locker should see Mr Murphy. The lockers are £5 per year or £15 for four years. Any student that currently has a locker they no longer require should return their key, and anyone who wishes to renew their expired locker should arrange payment asap.

EMA 2024/25

Education Maintenance Allowance school applications for the 2024/25 academic year are now open. Please note that a fresh application must be submitted each academic year. To apply you'll need to complete both the application form and a learning agreement. All information can be accessed here: <https://www.westlothian.gov.uk/ema>



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S1 Break Times

S1 are to remain in school during break and lunch time. They are advised they should only be at the Astroturf park during lunch if attending the S1 Football Club.

Football Pitches - Lunch/Litter

Please be reminded that all food should be consumed in the dining hall. No lunches should be taken to the pitches and pupils should have their lunch before going there. If there is a build-up of litter on the pitches during lunch then there will be no access to pitches at lunchtime.

My West Lothian Photography Competition

Do you have a picture you feel shows West Lothian in its best light? Together with The Centre, Visit West Lothian are delighted to announce the return of the popular photography competition #MyWestLothian for 2024! The lucky winner will receive a £150 Gift Card to use at your choice of shops and restaurants at The Centre! The top 10 entrants will also be given the opportunity to appear in an exhibition within The Centre too. Enter by Friday 27 September. Click the link below for more info:

<https://www.visitwestlothian.co.uk/mywestlothian-competition-2024/>



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August History Quiz

Please click the link below or scan the QR code, to enter the latest History quiz. As always there are prizes such as books, DVDs, jigsaws and stationery for those that take part. Remember you don't have to get the top score to win! The quiz runs until 30th of August at 5pm. If you have any questions please see Mr O'Callaghan in F73. Oh and if you've won a prize previously and not collected it, please come and pick up from Mr O'Callaghan, break times Mondays, Tuesdays and Fridays are usually best. Good luck!

<https://forms.office.com/e/UasicPUULY>



SQA Learner Focus Group Recruitment

We're looking for help to shape how SQA advertises further education opportunities. You'll get to see 3 different creative ideas about further education qualifications and say what you like (or don't like!) about them, and how they could be improved.

If you're interested, please fill out the short form where you will be able to sign up to a session. The sessions will last 90 minutes and be after the school day.

<https://www.smartsurvey.co.uk/s/HNMarketingLearner/>



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Upcoming Events

02/09/24 - House Assemblies

13/09/24 to 17/09/24 - September holiday

18/09/24 - Pupils resume

18/09/24 - S1 Settling-in evening

25/09/24 - Senior Awards Ceremony

School Clubs and Activities



All Clubs are S1 to S6 unless otherwise stated.

Monday: 13:15 to 13:45 S1 Football Club at the Astroturf Pitch

Tuesday: 13:15 to 13:45 S1 Football Club at the Astroturf Pitch

Tuesday: 13:15 to 13:45 The Simpson's Club with Mr O'Callaghan in room F73

Wednesday: 13:15 to 13:45 Juggling Club with Miss Curtis in Home Economics

Wednesday: 13:15 to 13:45 S1 Football Club at the Astroturf Pitch

Thursday: 13:15 to 13:45 Karaoke Club with Mrs Dunlop in room F83

Thursday: 13:15 to 13:45 S1 Football Club at the Astroturf Pitch

Thursday: 15:30 to 16:20 Basket Ball Club with Mr Dewar in the Games Hall



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PLEASE BE AWARE

**we are attempting to
maintain a nut free environment
in this establishment.**

*We are aware that we cannot guarantee a
nut free environment, but we ask that you are
aware and try to support us in reducing the risk
for our school community.*





**NO SMOKING
E-CIGARETTES
OR VAPING
ON SCHOOL GROUNDS**



Sextortion is blackmail.

Don't panic. Don't pay.
Report it to police.

Criminals target you through dating apps, social media, text or email and manipulate you into sharing sexual content that they later use to demand money or more images under threats of public exposure.



More information about sextortion and what to do if you're a victim can be found here: [scotland.police.uk/
advice-and-information/internet-safety/sextortion](https://scotland.police.uk/advice-and-information/internet-safety/sextortion)

