



ICHS Newsletter

WC 02/09/24

School Contact

Our school is a very busy environment, and we aim to respond to queries as quickly as we can. In order to do this, staff will prioritise urgent issues. Where possible, please avoid turning up at the school without a prior appointment. Instead, please contact us beforehand so a mutually convenient time can be arranged to meet.

We aim to respond to phone and email queries within 2-3 days. When you contact by phone or email, please be ready to provide:

- Your full name and relationship to the pupil
- The pupil's full name
- The pupil's tutor class or house
- Details of what the query is.

If all of this information is provided in your email or in the initial phone call, it enables staff to direct your query to the right person and allows staff to prioritise urgent issues. Thankyou.

S1 Football Trials

Trials for the S1 boys football team will be on the 4G pitch on Wednesday 4th September from 3:30-4:30 with Mr Strange. Players should bring appropriate football kit as trials will be outside.



Achieve



Connect



Thrive

OUR VALUES



Respect



Kindness



Honesty



ICHS Newsletter

WC 02/09/24

Lessons from Auschwitz

Opportunity to visit Poland and the Auschwitz Camps.

The school have secured two student places on the Lessons from Auschwitz program this year. The trip is open to History students, current or past, who are over the age of 16 in November. You must have a valid passport to travel. There is a meeting in Mr O'Callaghan's room (F73) on Friday 6th of September at break time for further information.

September History Quiz

Thanks to everyone who took part in the August History quiz. Please check Teams or your email to see if you've won, if you have, make sure to claim your prize from Mr O'Callaghan in F73. The new September quiz is here, if you enter (and you should) you have a chance to win jigsaws, books, DVDs, blu-rays and some random pieces of stationery so why not give it a try? The quiz runs until Monday September 30th at 5pm. Good luck! <https://forms.office.com/e/3KFg4AK6AX>



Achieve



Connect



Thrive

OUR VALUES



Respect



Kindness



Honesty



ICHS Newsletter

WC 02/09/24

Apprenticeship Information Session

The NHS Lothian Apprenticeship team would like to invite you to an upcoming information session to learn more about apprenticeships across NHS Lothian. We would like to invite young people/parents/service providers and anyone who is interested to an Apprenticeship Information Session to learn more about our upcoming apprenticeship vacancies. Please use the link to register: <https://bit.ly/3yR5Lun>

DO YOU WANT TO LEARN MORE ABOUT BECOMING AN APPRENTICE WITH NHS Lothian?

JOIN US!
Wednesday, 4 September
17:00
MS Teams

loth.apprenticeships@nhs.scot



Achieve



Connect



Thrive

OUR VALUES



Respect



Kindness



Honesty



ICHS Newsletter

WC 02/09/24

The Wellbeing Centre

The Wellbeing Centre is at the heart of our school. It helps us ensure pupils access the right support, from the right person at the right time. Our House Leaders, Family Link Workers and a variety of different partners work from the Wellbeing Centre to Support all of our young people.

Wellbeing Centre Process

- The Wellbeing Centre is open from 8am
- Pupils requiring support should attend at break/lunch or before/after school
- Triage will take requests for appointments and email staff with details including reason for request
- Pupils will not have permission to leave class to access the WBC, unless they have an appointment or a Wellbeing Pass (5 minutes)
- If a pupil feels it is an emergency, they will let their teacher know so they can call the Wellbeing Centre to see if there is a staff member available, if not, they will remain in their class until someone is available



Achieve



Connect



Thrive

OUR VALUES



Respect



Kindness



Honesty



ICHS Newsletter

WC 02/09/24

West Lothian Netters

West Lothian netters, a local netball club, are currently on the hunt for additional under 18's players. They train on Wednesdays at St Margaret's Academy, 19:30 to 21:00. Email (wljuniornetters@gmail.com) if you'd be interested in going along for a trial.

Lockers

Anyone who would like to purchase a locker should see Mr Murphy. The lockers are £5 per year or £15 for four years. Any student that currently has a locker they no longer require should return their key, and anyone who wishes to renew their expired locker should arrange payment asap.

EMA 2024/25

Education Maintenance Allowance school applications for the 2024/25 academic year are now open. **Please note that a fresh application must be submitted each academic year.** To apply you'll need to complete both the application form and a learning agreement. All information can be accessed here: <https://www.westlothian.gov.uk/ema>
The first payment for EMA is 6 September.



Achieve



Connect



Thrive

OUR VALUES



Respect



Kindness



Honesty



ICHS Newsletter

WC 02/09/24

Get your marked exam papers back

This year SQA are running a trial for schools to download copies of marked exam papers in five subjects.

Geography - National 5 and Higher

Graphic Communication - National 5, Higher and Advanced Higher

Media - National 5

Music - National 5, Higher and Advanced Higher

Statistics - Advanced Higher

This service closes on Tuesday 27 September. To access your papers please complete the Permission Access to Marked Exam Papers form here:

<https://inveralmondchs.westlothian.org.uk/article/15154/Useful-Links>

Then hand this form back in to the main school office or Reflection by the 25th of September. More information can be found on this website:

<https://www.sqa.org.uk/sqa/110733.html>



Achieve



Connect



Thrive

OUR VALUES



Respect



Kindness



Honesty



ICHS Newsletter

WC 02/09/24

S1 Break Times

S1 are to remain in school during break and lunch time. They are advised they should only be at the Astroturf park during lunch if attending the S1 Football Club.

Football Pitches - Lunch/Litter

Please be reminded that all food should be consumed in the dining hall. No lunches should be taken to the pitches and pupils should have their lunch before going there. If there is a build-up of litter on the pitches during lunch then there will be no access to pitches at lunchtime.

My West Lothian Photography Competition

Do you have a picture you feel shows West Lothian in its best light? Together with The Centre, Visit West Lothian are delighted to announce the return of the popular photography competition #MyWestLothian for 2024! The lucky winner will receive a £150 Gift Card to use at your choice of shops and restaurants at The Centre! The top 10 entrants will also be given the opportunity to appear in an exhibition within The Centre too. Enter by Friday 27 September. Click the link below for more info:

<https://www.visitwestlothian.co.uk/mywestlothian-competition-2024/>



Achieve



Connect



Thrive

OUR VALUES



Respect



Kindness



Honesty



ICHS Newsletter

WC 02/09/24

SQA Learner Focus Group Recruitment

We're looking for help to shape how SQA advertises further education opportunities. You'll get to see 3 different creative ideas about further education qualifications and say what you like (or don't like!) about them, and how they could be improved.

If you're interested, please fill out the short form where you will be able to sign up to a session. The sessions will last 90 minutes and be after the school day.

<https://www.smartsurvey.co.uk/s/HNMarketingLearner/>

S5/S6 Climate Change Survey

West Lothian's Citizens Panel is one way local people can give their views and opinions on various aspects relating to living in West Lothian. We are looking for new members to join the panel. The Panel is open to anyone aged 16+ who lives in West Lothian. This involves completing occasional surveys and other consultations, but participation is always optional and you can leave at any time.

The panel is currently being asked about their views on Climate Change. We are keen to hear the views of the wider community, particularly young people, therefore if you would like to complete the survey and/or join the panel, please click the following link or scan the QR code. You don't have to join the panel to complete the survey.

<https://bit.ly/wlcp-join>



Achieve



Connect



Thrive

OUR VALUES



Respect



Kindness



Honesty



ICHS Newsletter

WC 02/09/24

Upcoming Events

- 10/09/24 - Parent Council meeting
- 13/09/24 to 17/09/24 - September holiday
- 18/09/24 - Pupils resume
- 18/09/24 - S1 Settling-in evening
- 25/09/24 - Senior Awards Ceremony

School Clubs and Activities



All Clubs are S1 to S6 unless otherwise stated.

- Monday: 13:15 to 13:45 S1 Football Club at the Astroturf Pitch
- Tuesday: 13:15 to 13:45 S1 Football Club at the Astroturf Pitch
- Tuesday: 13:15 to 13:45 The Simpson's Club with Mr O'Callaghan in room F73
- Wednesday: 13:15 to 13:45 Juggling Club with Miss Curtis in Home Economics
- Wednesday: 13:15 to 13:45 S1 Football Club at the Astroturf Pitch
- Thursday: 13:15 to 13:45 Karaoke Club with Mrs Dunlop in room F83
- Thursday: 13:15 to 13:45 S1 Football Club at the Astroturf Pitch
- Thursday: 15:30 to 16:20 Basket Ball Club with Mr Dewar in the Games Hall



Achieve



Connect



Thrive

OUR VALUES



Respect



Kindness



Honesty

PLEASE BE AWARE

**we are attempting to
maintain a nut free environment
in this establishment.**

*We are aware that we cannot guarantee a
nut free environment, but we ask that you are
aware and try to support us in reducing the risk
for our school community.*





**NO SMOKING
E-CIGARETTES
OR VAPING
ON SCHOOL GROUNDS**



Sextortion is blackmail.

Don't panic. Don't pay.
Report it to police.

Criminals target you through dating apps, social media, text or email and manipulate you into sharing sexual content that they later use to demand money or more images under threats of public exposure.



More information about sextortion and what to do if you're a victim can be found here: scotland.police.uk/advice-and-information/internet-safety/sextortion

