



# ICHS Newsletter

WC 23/09/24

## SQA Exam Timetable Video

The SQA has produced a short video outlining how they produce the National Qualifications exam timetable. This explains the processes they use and the guidelines they follow in compiling the timetable each year. The video is available on their YouTube channel and their website at [www.sqa.org.uk/timetable](http://www.sqa.org.uk/timetable). This video will help to answer any questions that you may have about the timetable.

## e-Sgoil Study Support for Senior Phase Learners

Registration is now open for e-Sgoil's weekly evening Study Support webinars, which run during term time. These sessions cover a wide range of subjects and levels, helping Senior Phase learners working towards National Qualifications. The webinars begin the week of October 28th, offering valuable guidance and resources to boost your success.

Registration: <https://tinyurl.com/3aucxxyt>

Timetable: <https://www.e-sgoil.com/media/2stcy5op/master-tt-sept-2024-2.png>

## Parent Health and Wellbeing Champions

We are looking for parents to work with the school and education authority as a Health and Wellbeing Champion. Please get in touch with Mr McFarlane to register your interest in supporting the school community with the Health and Wellbeing agenda.

## STEM Club

The STEM club will be restarting and will take place on Wednesdays from 13:15 to 13:45 with Mrs Lee in room G216, all welcome.



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### Alex hurdles the competition

It's certainly been a memorable summer of sport for S5 student Alex Thomson as he became a Scottish champion and then successfully represented Scotland at the prestigious UK School Games. In June the S5 pupil became Scottish Schools 100m Hurdles champion at the "The Scottish Schools Championships" in Grangemouth.

This success saw Alex ranked number one in the country and meant he was then selected to represent Scotland at the UK School Games. This was a huge honour for Alex as only the top ranked athletes from each of the four home nations plus the next top four athletes from across the UK are invited to participate.

This year the event was held at Loughborough University from Thursday 29th to Saturday 31st August this year with educational sessions also being put on for all the athletes in addition to the competition. Alex took 6th place in the 100m Hurdles final in a very competitive field. You can find out more at <https://www.schoolgamesfinals.org/>

This follows on from Alex representing Scotland Schools in the Schools International Athletic Board (SIAB) event in Carmarthen Wales during the summer holidays where he ran the 100 and 400m hurdles and was part of the sprint relay squad.

ICHS Acting Head Teacher, Hamish Shankland said: "It's certainly been a very busy summer for Alex and an outstanding one at that. I hope he realises how great his achievements are and knows that everyone at Inveralmond Community High School is incredibly proud of his success. He works extremely hard and I'm sure that many more athletic milestones lie ahead for Alex."



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## Alternative Assessment Arrangements

Some learners may need support when accessing an assessment or exam. Class teachers are asked to monitor the specific needs of the learners who may need assessment arrangements for each subjects and level. This is because each learner is different - even if a learner has the same additional support need or difficulty as their peer, they may not need the same type of support. We operate a "learner centered" approach. Please see the ICHS Initial AAR letter on the following webpage and if you have any questions, please contact the House Leader initially for your young person.

<https://inveralmondchs.westlothian.org.uk/article/20773/Parent-Information>

## Lockers

Anyone who would like to purchase a locker should see Mr Murphy. The lockers are £5 per year or £15 for four years. Any student that currently has a locker they no longer require should return their key, and anyone who wishes to renew their expired locker should arrange payment asap.

## September History Quiz

The September quiz is here, if you enter you have a chance to win jigsaws, books, DVDs, blu-rays and some random pieces of stationery so why not give it a try? The quiz runs until Monday September 30th at 5pm. <https://forms.office.com/e/3KFg4AK6AX>

## Vocal Group

The Vocal Group will be restarting and will take place on Mondays from 13:20.



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### S1 Break Times

S1 are to remain in school during break and lunch time. They are advised they should only be at the Astroturf park during lunch if attending the S1 Football Club.

### Football Pitches - Lunch/Litter

Please be reminded that all food should be consumed in the dining hall. No lunches should be taken to the pitches and pupils should have their lunch before going there. If there is a build-up of litter then there will be no access to pitches at lunchtime.

### My West Lothian Photography Competition

Together with The Centre, Visit West Lothian are delighted to announce the return of the popular photography competition #MyWestLothian for 2024! The lucky winner will receive a £150 Gift Card to use at your choice of shops and restaurants at The Centre! The top 10 entrants will also be given the opportunity to appear in an exhibition within The Centre too. Enter by Friday 27 September. Click the link below for more info: <https://www.visitwestlothian.co.uk/mywestlothian-competition-2024/>

### EMA 2024/25

Education Maintenance Allowance school applications for the 2024/25 academic year are now open. **Please note that a fresh application must be submitted each academic year. To apply you'll need to complete both the application form and a learning agreement.** All information can be accessed here: <https://www.westlothian.gov.uk/ema>



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# ICHS Newsletter

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### Upcoming Events

- 25/09/24 - Senior Awards Ceremony
- 26/09/24 - English Macbeth trip
- 07/10/24 - Higher Geography field trip
- 08/10/24 - Modern Studies Scottish Parliament trip
- 10/10/24 - ICHS Parent Council Invy's Got Talent
- 11/10/24 - S2 Reports Issued
- 14/10/24 to 21/10/24 - October holidays

### School Clubs and Activities



- Monday: 13:15 to 13:45 S1 Football Club at the Astroturf Pitch
- Monday: 13:20 to 13:50 Vocal Group with Miss Holroyd in the music department
- Tuesday: 13:15 to 13:45 S1 Football Club at the Astroturf Pitch
- Tuesday: 13:15 to 13:45 The Simpson's Club with Mr O'Callaghan in room F73
- Wednesday: 13:15 to 13:45 Juggling Club with Miss Curtis in Home Economics
- Wednesday: 13:15 to 13:45 S1 Football Club at the Astroturf Pitch
- Wednesday: 13:15 to 13:45 STEM Club with Mrs Lee in room G216
- Thursday: 13:15 to 13:45 Karaoke Club with Mrs Dunlop in room F83
- Thursday: 13:15 to 13:45 S1 Football Club at the Astroturf Pitch
- Thursday: 13:25 to 13:50 Just Dance Club with Mrs Scott in room G132
- Thursday: 15:30 to 16:20 Basket Ball Club with Mr Dewar in the Games Hall



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### School Contact

Our school is a very busy environment, and we aim to respond to queries as quickly as we can. In order to do this, staff will prioritise urgent issues. Where possible, please avoid turning up at the school without a prior appointment. Instead, please contact us beforehand so a mutually convenient time can be arranged to meet.

We aim to respond to phone and email queries within 2-3 days. When you contact by phone or email, please be ready to provide:

- Your full name and relationship to the pupil
- The pupil's full name
- The pupil's tutor class or house
- Details of what the query is.

If all of this information is provided in your email or in the initial phone call, it enables staff to direct your query to the right person and allows staff to prioritise urgent issues.

01506 280700

Option 1 - To report an absence or speak to the attendance team

Option 2 - For all other enquiries

Thankyou.



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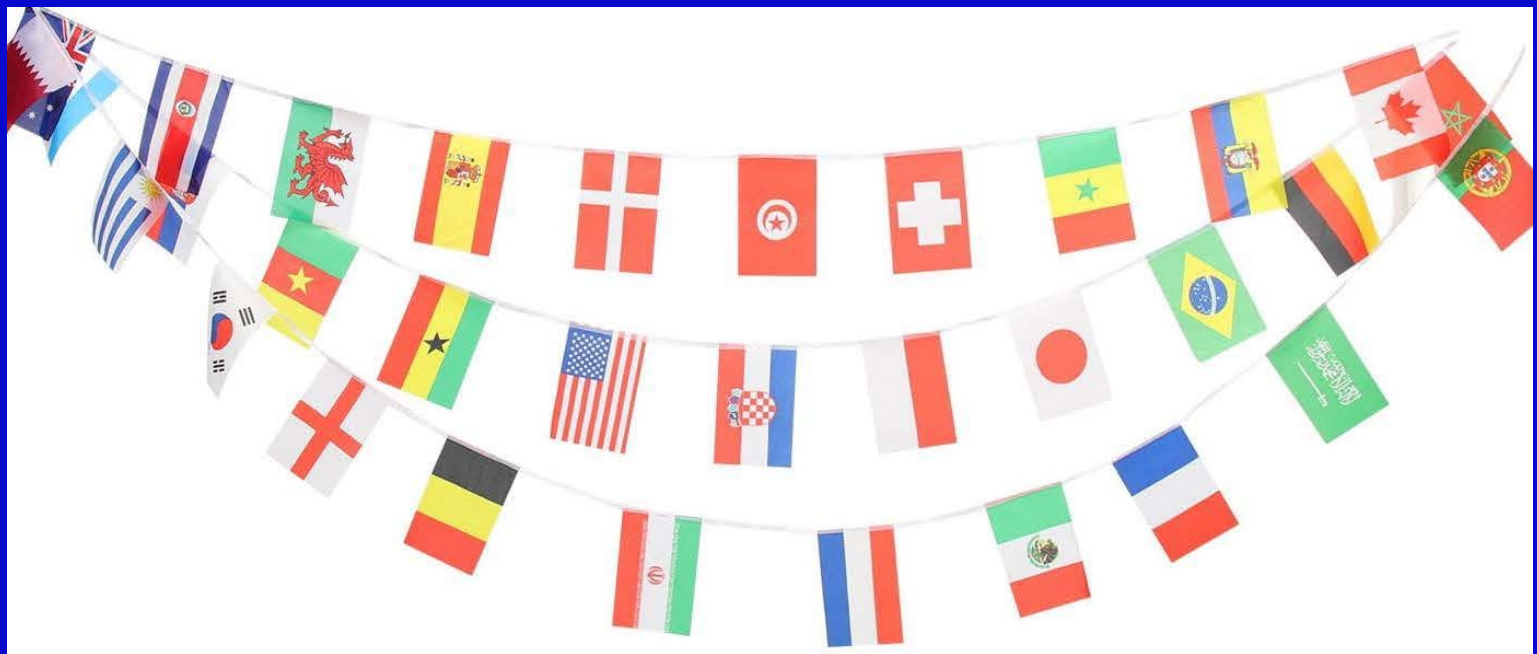
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# European Day of Languages 2024

Join the Modern Languages department for a week of celebration of European Languages!

## Tuesday 24<sup>th</sup> September

**What:** The Great Invy Ice-Off

**Where:** Dining hall

**When:** 13:30 – 13:50

Come and cheer on 4 of your ICHS teachers as they decorate a cake under time pressure



## Thursday 26<sup>th</sup> September

**What:** European Day of Languages Photo Booth

**Where:** F29 (in Modern Languages)

**When:** 13:15 – 13:50

Pop along to the ML department, choose a prop or two and take some silly pictures with our European Day of Languages photo frame



# Invy's Got Talent



Auditions take Place from  
: 30th September - 3rd October

Where: drama/music

Any family- friendly talent welcome

Sign-up and showcase your talent!

To enter  
scan the QR  
code



Final showcase evening: 10th October,  
7pm, ICHS Assembly hall





# INVY'S

## *Got Talent*



**10TH OCTOBER 7PM -  
ASSEMBLY HALL**



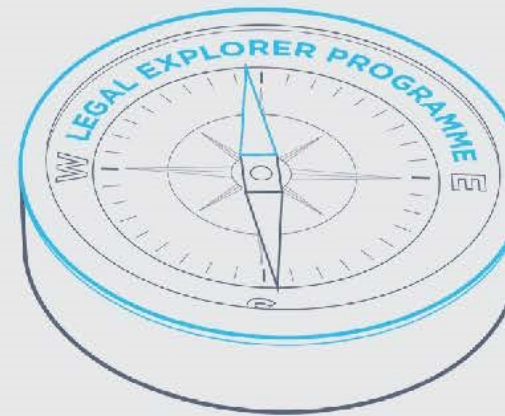
**FREE TICKETS  
DONATIONS WELCOME  
REFRESHMENTS PROVIDED**

# Addleshaw Goddard is an international law firm providing legal services and advice to businesses around the world.

We're looking for hard-working and ambitious students to join our year-long enhanced work experience opportunity.

## As a Legal Explorer, you will receive:

- A laptop to keep.
- A mentor for the year.
- Online workshops introducing you to the legal profession.
- A week of paid work experience in one of Addleshaw Goddard's offices.



The programme will run from **October 2024 to August 2024** with monthly sessions and a week of in person work experience from **4-8 August**.

## To apply, you must:

- Currently be in year 12 or S5 and have always attended a state school.
- Be located within easy travelling distance to one of the following offices: Aberdeen, Edinburgh, Glasgow, Leeds, London or Manchester.
- Meet one additional element of social mobility criteria listed on the application.
- Commit to all dates listed on the application form.

Interested in applying? Find more details and the application form by scanning the QR code. The deadline to apply is midnight on **Monday 30th September**.



Active Schools &  
Community Sport

# Coach Academy INVERALMOND

**APPLY NOW!**

**OPEN TO ALL S5 AND S6 PUPILS**



**CAWL**  
Coach Academy West Lothian

Our new and improved Coach Academy West Lothian is **NOW OPEN** to senior pupils from all secondary schools as we look offer more pupils the opportunity to be involved in this successful and rewarding programme.

## If you are:

- Motivated
  - Committed
  - Enthusiastic
  - Responsible
- ...apply now!*

## You will develop your:

- Creativity
  - Leadership
  - Confidence
  - Communication
- ...and much more!*

Coach Academy pupils who are keen to pursue a career in sport will gain preferred entry to the *HNC Sports Coaching* course at West Lothian College\*

*\*provided required SQA exam results are achieved*

## Next Steps...

- Speak to Active Schools Coordinator Laura Livingstone
- Scan the QR code or visit [www.tinyurl.com/CAI2425](http://www.tinyurl.com/CAI2425)
- Closing date **Friday 11<sup>th</sup> October 2024**



# PLEASE BE AWARE

**we are attempting to  
maintain a nut free environment  
in this establishment.**

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*We are aware that we cannot guarantee a  
nut free environment, but we ask that you are  
aware and try to support us in reducing the risk  
for our school community.*





**NO SMOKING  
E-CIGARETTES  
OR VAPING  
ON SCHOOL GROUNDS**



# Sextortion is blackmail.

Don't panic. Don't pay.  
Report it to police.

Criminals target you through dating apps, social media, text or email and manipulate you into sharing sexual content that they later use to demand money or more images under threats of public exposure.



More information about sextortion and what to do if you're a victim can be found here: [scotland.police.uk/advice-and-information/internet-safety/sextortion](https://scotland.police.uk/advice-and-information/internet-safety/sextortion)

