



# ICHS Newsletter

WC 30/09/24

## Parent Health and Wellbeing Champions

We are looking for parents to work with the school and education authority as a Health and Wellbeing Champion. Please get in touch with Mr McFarlane to register your interest in supporting the school community with the Health and Wellbeing agenda.

## WestDrive 2024

56 young people took part in the West Drive initiative to support road safety for young drivers recently. The event took place at ICHS and the young people displayed excellent behaviour and engagement. Please find a thank you letter from the West Lothian Community Safety Team, further in this newsletter, which we have been asked to pass on following the event.

## SQA Exam Timetable Video

The SQA has produced a short video outlining how they produce the National Qualifications exam timetable. This explains the processes they use and the guidelines they follow in compiling the timetable each year. The video is available on their YouTube channel and their website at [www.sqa.org.uk/timetable](http://www.sqa.org.uk/timetable). This video will help to answer any questions that you may have about the timetable.



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### Karaoke Club

Karaoke club is moving to a Wednesday lunchtime instead of a Thursday. Karaoke club will now be in F83 Wednesday lunchtimes from 13:15.

### S2 Win tough game against Bathgate

Well done to our S2 Boys football team who won 4-3 in a tough game against Bathgate. Goals coming from Ewan x2, Jayden and Mason.



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### e-Sgoil Study Support for Senior Phase Learners

Registration is now open for e-Sgoil's weekly evening Study Support webinars, which run during term time. These sessions cover a wide range of subjects and levels, helping Senior Phase learners working towards National Qualifications. The webinars begin the week of October 28th, offering valuable guidance and resources to boost your success.

Registration: <https://tinyurl.com/3aucxxyt>

Timetable: <https://www.e-sgoil.com/media/2stcy5op/master-tt-sept-2024-2.png>

### Alternative Assessment Arrangements

Some learners may need support when accessing an assessment or exam. Class teachers are asked to monitor the specific needs of the learners who may need assessment arrangements for each subjects and level. This is because each learner is different - even if a learner has the same additional support need or difficulty as their peer, they may not need the same type of support. We operate a "learner centered" approach. Please see the ICHS Initial AAR letter on the following webpage and if you have any questions, please contact the House Leader initially for your young person.

<https://inveralmondchs.westlothian.org.uk/article/20773/Parent-Information>

### Lockers

Anyone who would like to purchase a locker should see Mr Murphy. The lockers are £5 per year or £15 for four years. Any student that currently has a locker they no longer require should return their key, and anyone who wishes to renew their expired locker should arrange payment asap.



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## S1 Break Times

S1 are to remain in school during break and lunch time. They are advised they should only be at the Astroturf park during lunch if attending the S1 Football Club.

## Football Pitches - Lunch/Litter

Please be reminded that all food should be consumed in the dining hall. No lunches should be taken to the pitches and pupils should have their lunch before going there. If there is a build-up of litter then there will be no access to pitches at lunchtime.

## EMA 2024/25

Education Maintenance Allowance school applications for the 2024/25 academic year are now open. **Please note that a fresh application must be submitted each academic year. To apply you'll need to complete both the application form and a learning agreement.** All information can be accessed here: <https://www.westlothian.gov.uk/ema>



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### Upcoming Events

- 07/10/24 - Higher Geography field trip
- 08/10/24 - Modern Studies Scottish Parliament trip
- 10/10/24 - ICBS Parent Council Invy's Got Talent
- 11/10/24 - S2 Reports Issued
- 14/10/24 to 21/10/24 - October holidays

### School Clubs and Activities



- Monday: 13:15 to 13:45 S1 Football Club at the Astroturf Pitch
- Monday: 13:20 to 13:50 Vocal Group with Miss Holroyd in the music department
- Tuesday: 13:15 to 13:45 S1 Football Club at the Astroturf Pitch
- Tuesday: 13:15 to 13:45 The Simpson's Club with Mr O'Callaghan in room F73
- Wednesday: 13:15 to 13:45 Juggling Club with Miss Curtis in Home Economics
- Wednesday: 13:15 to 13:45 Karaoke Club with Mrs Dunlop in room F83
- Wednesday: 13:15 to 13:45 S1 Football Club at the Astroturf Pitch
- Wednesday: 13:15 to 13:45 STEM Club with Mrs Lee in room G216
- Thursday: 13:15 to 13:45 S1 Football Club at the Astroturf Pitch
- Thursday: 13:25 to 13:50 Just Dance Club with Mrs Scott in room G132
- Thursday: 15:30 to 16:20 Basket Ball Club with Mr Dewar in the Games Hall



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### School Contact

Our school is a very busy environment, and we aim to respond to queries as quickly as we can. In order to do this, staff will prioritise urgent issues. Where possible, please avoid turning up at the school without a prior appointment. Instead, please contact us beforehand so a mutually convenient time can be arranged to meet.

We aim to respond to phone and email queries within 2-3 days. When you contact by phone or email, please be ready to provide:

- Your full name and relationship to the pupil
- The pupil's full name
- The pupil's tutor class or house
- Details of what the query is.

If all of this information is provided in your email or in the initial phone call, it enables staff to direct your query to the right person and allows staff to prioritise urgent issues.

01506 280700

Option 1 - To report an absence or speak to the attendance team

Option 2 - For all other enquiries

Thankyou.



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## **Westdrive 2024**

Dear Student,

We are writing to thank you for attending Westdrive 2024.

We would also like to thank the 298 of you who completed the evaluation form. From reviewing the forms, it would appear the vast majority of you learnt something new when attending the event and would be more responsible when travelling. Most of you had not attended a road safety event previously which proves the need for Westdrive to continue in the future.

You said, we listen.

Whilst reviewing the evaluations it was noted that a few of you would like more interactive engagement to complement the event. We agree! Therefore, we will do our best to incorporate more interactive activities in future Westdrive events.

The winners of our evaluation lucky draw will be announced in due course.

As discussed during the input, we have provided links to stories of two individuals who were unfortunately seriously injured as a result of a traffic collision.

[#WearASeatbelt - Galloway Family's Story - YouTube](#)

[#WearASeatbelt - Laura's Story - YouTube](#)

For more advice on how to stay safe on the road, please visit:

[Home - Road Safety Scotland](#)

For Support, please visit:

[Brake | The Road Safety Charity](#)

Thank you again for your participation in the event, enjoy driving and stay safe,

West Lothian Community Safety Team

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# Invy's Got Talent



Auditions take Place from  
: 30th September - 3rd October

Where: drama/music

Any family- friendly talent welcome

Sign-up and showcase your talent!

To enter  
scan the QR  
code



Final showcase evening: 10th October,  
7pm, ICHS Assembly hall





# INVY'S

## *Got Talent*



**10TH OCTOBER 7PM -  
ASSEMBLY HALL**



**FREE TICKETS  
DONATIONS WELCOME  
REFRESHMENTS PROVIDED**

Active Schools &  
Community Sport

# Coach Academy INVERALMOND

**APPLY NOW!**

**OPEN TO ALL S5 AND S6 PUPILS**



**CAWL**  
Coach Academy West Lothian

Our new and improved Coach Academy West Lothian is **NOW OPEN** to senior pupils from all secondary schools as we look offer more pupils the opportunity to be involved in this successful and rewarding programme.

## If you are:

- Motivated
  - Committed
  - Enthusiastic
  - Responsible
- ...apply now!*

## You will develop your:

- Creativity
  - Leadership
  - Confidence
  - Communication
- ...and much more!*

Coach Academy pupils who are keen to pursue a career in sport will gain preferred entry to the *HNC Sports Coaching* course at West Lothian College\*

*\*provided required SQA exam results are achieved*

## Next Steps...

- Speak to Active Schools Coordinator Laura Livingstone
- Scan the QR code or visit [www.tinyurl.com/CAI2425](http://www.tinyurl.com/CAI2425)
- Closing date **Friday 11<sup>th</sup> October 2024**



# PLEASE BE AWARE

**we are attempting to  
maintain a nut free environment  
in this establishment.**

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*We are aware that we cannot guarantee a  
nut free environment, but we ask that you are  
aware and try to support us in reducing the risk  
for our school community.*





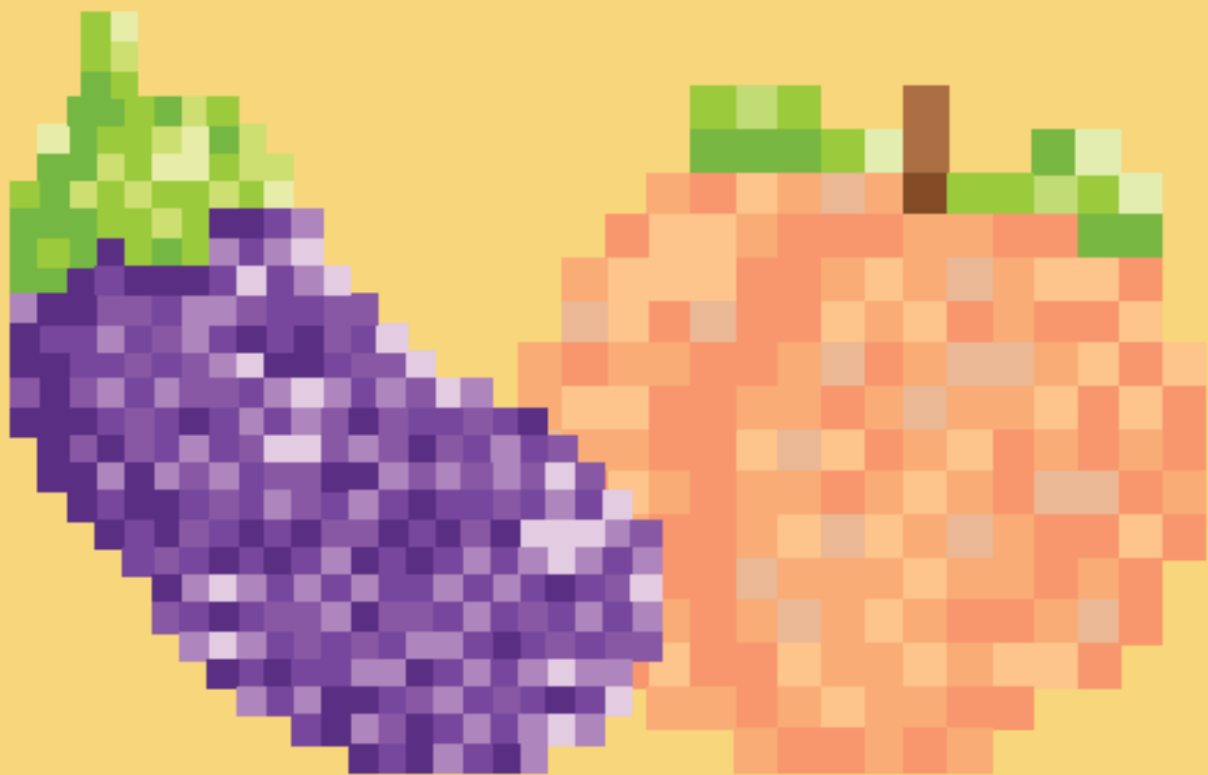
**NO SMOKING  
E-CIGARETTES  
OR VAPING  
ON SCHOOL GROUNDS**



# Sextortion is blackmail.

Don't panic. Don't pay.  
Report it to police.

Criminals target you through dating apps, social media, text or email and manipulate you into sharing sexual content that they later use to demand money or more images under threats of public exposure.



**POLICE**  
SCOTLAND  
POILEAS ALBA

More information about sextortion and what to do if you're a victim can be found here: [scotland.police.uk/  
advice-and-information/internet-safety/sextortion](https://scotland.police.uk/advice-and-information/internet-safety/sextortion)

