



ICHS Newsletter

WC 11/11/24

Plan Your Future at Our Careers Fayre

Our Careers Fayre is the place to be on Wednesday, 13th November, from 4:00pm to 7:00pm in the Lunch Hall. S2-S5 Students: Get guidance on subject choices! Register now: <https://tinyurl.com/3wu4ur8s>.

More information is available here: <https://tinyurl.com/yuszw4k9>

National Gallery trip 20/11/24

Thanks to everyone who returned their forms, there are still 10 places left. Any S3 students who would like to attend should get a form from Mrs Neave and return by Friday 15th November. If you have already returned a form then you are definitely going on the trip on the 20th so don't forget your packed lunch!!

Careers Retail Stall

The ICHS Retail class will be selling homemade hot chocolate reindeer and sweetie cones at the Careers Fair, these will be priced at £1.50 each. Cash only, please.

Children in Need

Soak the teacher will run in the S1 area on Friday at break, £1 per shot. Sweetie cones will also be available to buy for £1.50. Cash only, please.



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WC 11/11/24

SQA: Your National Qualifications

The latest resource from <https://x.com/sqanews> has everything you need to know about completing coursework, from word counts and deadlines to using A.I. It also covers important information about #SQAexams. Download Your National Qualifications:

<https://www.sqa.org.uk/yourNQ>

Practice Exams & Supported Study

As we move through the school year, we'd like to bring to your attention two valuable opportunities to support your child's progress and success.

Details of the Supported Study sessions on offer at Inveralmond Community High School. In addition, Practice Exams will take place from the 25th of November 2024 until the 6th of December 2024 for our S4, S5, and S6 students.

For more details on the practice exams, the Supported Study calendar, and the Practice Exam schedule, please click here: <https://inveralmondchs.westlothian.org.uk/article/83749/Practice-Exams-Supported-Study>



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Care Experienced Week 2024

At the end of October we celebrated Care Experienced Week 2024 in our school. During this week we engaged in different activities to promote "The Promise" and celebrate the Care Experienced Young People in our school community.

Some of our activities included designing a Christmas card for CEYP and raising money for Who Cares? Scotland by selling sweetie cones in the school. This is a charity who supports Care Experienced Young People across Scotland.

I am pleased to confirm that we raised £93.00 as a result of selling our sweetie cones. This money has now been donated to Who Cares? Thank you to everyone who supported us by purchasing cones. Also, the winner of our in-house Christmas Card Competition is Rose Cadden. Your card was amazing!



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Care Experienced Week 2024

At the end of October we celebrated Care Experienced Week 2024 in our school.

Some of our pupils wrote kind messages of support to our CEYP inside their cards which we wanted to share.

"Life is better with you in it. Your kindness, strength and presence brings happiness to those around you. Wishing you endless love and joy."

"Merry Christmas. I pray that happiness be at your door, and leaves you gifts of peace, joy, love and good health."

"Hello, I know that your situation may be a little hard right now, but I just want you to know that everything is going to be just fine."

Who Cares? have been so impressed by our efforts that they plan to share a range of our card designs and celebrate our fundraising efforts in the Winter issue of their membership magazine – SpeakOut.



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Care Experienced Week 2024

Furthermore, we now have a notice board for CEYP situated in our school dining area. In addition to providing information for our CEYP, the board also has two QR codes designed to allow our CEYP to share their pupil voice and also arrange to speak to the care experienced lead in the school if they need support. These QR codes will appear regularly in our school newsletter from now on as a reminder.

Also, every classroom in our school is now displaying "The Promise" poster as a way of reminding all staff and pupils to be mindful and supportive our care experienced community.



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November History Quiz

Thanks to everyone who took part in the October quiz, the winning names have been posted on Teams or sent an email. please find below the new November History Quiz. The quiz will run until Friday 29th of November at 5pm. If you've not entered before the prizes include books, DVDs/Blu-rays, jigsaws, stationery and other random bits and pieces so why not give it a go?

This month every entry wins a prize so what have you got to lose? If you have any questions please see Mr O'Callaghan in F73. A reminder to those that have prizes outstanding for other quizzes, make sure to come and collect! Good luck (not that you need it!).

<https://forms.office.com/e/RyTCDYjfAL>



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S1 Break Times

S1 are to remain in school during break and lunch time. They are advised they should only be at the Astro turf park during lunch if attending the S1 Football Club.

Football Pitches - Lunch/Litter

Please be reminded that all food should be consumed in the dining hall. No lunches should be taken to the pitches and pupils should have their lunch before going there. If there is a build-up of litter then there will be no access to pitches at lunchtime.

EMA 2024/25

Education Maintenance Allowance school applications for the 2024/25 academic year are now open. Please note that a fresh application must be submitted each academic year. To apply you'll need to complete both the application form and a learning agreement. All information can be accessed here: <https://www.westlothian.gov.uk/ema>



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WC 11/11/24

Upcoming Events

- 13/11/24 - Careers Fayre & Pathways evening
- 15/11/24 - MUN Club North Berwick visit
- 20/11/24 - S3 Gallery of Modern Art trip
- 20/11/24 - S3 Reports Issued
- 21/11/24 - S3 Parents' Evening (online)

School Clubs and Activities



- Monday: 13:15 to 13:45 S1 Football Club at the Astroturf Pitch
- Monday: 13:20 to 13:50 Vocal Group with Miss Holroyd in the music department
- Tuesday: 13:15 to 13:45 S1 Football Club at the Astroturf Pitch
- Tuesday: 13:15 to 13:45 The Simpson's Club with Mr O'Callaghan in room F73
- Wednesday: 13:15 to 13:45 Juggling Club with Miss Curtis in Home Economics
- Wednesday: 13:15 to 13:45 Karaoke Club with Mrs Dunlop in room F83
- Wednesday: 13:15 to 13:45 S1 Football Club at the Astroturf Pitch
- Wednesday: 13:15 to 13:45 STEM Club with Mrs Lee in room G216
- Thursday: 13:15 to 13:45 S1 Football Club at the Astroturf Pitch
- Thursday: 13:25 to 13:50 Just Dance Club with Mrs Scott in room G132
- Thursday: 15:30 to 16:20 Basket Ball Club with Mr Dewar in the Games Hall
- Thursday: 15:30 to 16:20 S1 to S3 Dance Club with Miss Moffat in the Dance Studio



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School Contact

Our school is a very busy environment, and we aim to respond to queries as quickly as we can. In order to do this, staff will prioritise urgent issues. Where possible, please avoid turning up at the school without a prior appointment. Instead, please contact us beforehand so a mutually convenient time can be arranged to meet.

We aim to respond to phone and email queries within 2-3 days. When you contact by phone or email, please be ready to provide:

- Your full name and relationship to the pupil
- The pupil's full name
- The pupil's tutor class or house
- Details of what the query is.

If all of this information is provided in your email or in the initial phone call, it enables staff to direct your query to the right person and allows staff to prioritise urgent issues.

01506 280700

Option 1 - To report an absence or speak to the attendance team

Option 2 - For all other enquiries

Thankyou.



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ICHS Career Fayre & Learner Pathways Invitation



We will be holding our Careers Fayre on the 13th of November between 4:00 pm and 7:00 pm. The Careers Fayre is open to families of all year groups.

During the evening, there will be an opportunity to speak with some of our teaching staff, employers from local and national businesses, and representatives from colleges and universities.

If your child is in S2 - S5 and will be making course choices for the next school year, we would love to see you at our Careers Fayre, as there will also be Learner Pathway presentations during the evening.

Register to attend this event by using the QR code.



Mr Hamish Shankland
Headteacher

Learner Pathway presentation times:

- S2 into S3 - 4:30 pm - 5:00 pm
- S3 into S4 - 5:30 pm - 6:00 pm
- S5 into S6 - 6:30 pm - 7:00 pm

Please come and join us





Hot Chocolate Cones

Careers Fair - Wednesday 13 November 4-6pm



ONLY £1.50



SWEETIE CONES

Careers Event Wednesday 13th Nov 4-6pm

**ONLY
£1.50**



Children In Need Sweet Shop

Sweet Cones £1.50

Blue Lollies 25p or 5 for £1



GIRLS RUGBY



**WE ARE RECRUITING
FOR OUR GIRLS TEAM
WEDNESDAYS
6.30 - 7.30
INVERALMOND COMMUNITY HIGH
SCHOOL**

**Come along and give it a
try
All abilities welcome
U12- U18**



Supporting people who care for others



**YOU'RE
INVITED!**

Carers Rights Day 2024

Do you provide care or support
for a relative/friend/neighbour?

Learn more about what support is available in your
community for you and your cared for person(s)



Thursday 21st November 2024



Livingston Football Stadium

(Almondvale Suite)



Drop In between 1pm – 3pm



Information and advice available on:

- ❖ what your rights are as an unpaid carer
- ❖ social care support for you and your cared for person
- ❖ assistance into power of attorney
- ❖ benefits and money
- ❖ working carers rights
- ❖ social and community groups

And Much More...

We look forward to seeing you on the day

BHC Ltd

WINTER APPRENTICE APPLICATIONS

BHC are recruiting for our next intake of Apprentices to join our 4-year apprenticeship programme devised by the British Constructional Steelwork Association (BCSA).

We offer apprenticeships in:

Welding

Fabricating

CNC

Paintshop

Maintenance

Scan the QR Code to put your name forward for our winter intake of Apprentices:



Deadline for applications:
31st January 2025



BHC Ltd, Medwyn Park, Edinburgh Road, Carnwath, ML11 8HS



New Inveralmond Youth Club

P3 - P7 1pm - 3pm
P6 - S2 3.30pm - 5.30pm

Only £1 per week!

Friday 20th September for a registration session only

Fridays
1 - 3pm
3.30 - 5.30pm
in Inveralmond Community High School (Access via Main Reception) EH54 6HW



Our youth clubs, drop-ins and projects are safe spaces that you can come along to if you want to mix with friends, try new activities, engage with experienced youth workers and most importantly be yourself.

For more information on this group contact Mark Drysdale by emailing mark.drysdalewestlothian.gov.uk or contact our social media pages.

Facebook: West Lothian CLD Youth Services
Twitter: @CLDyouthWL Instagram: @youthworkwl



NO SMOKING E-CIGARETTES OR VAPING ON SCHOOL GROUNDS



Sextortion is blackmail.

Don't panic. Don't pay.
Report it to police.

Criminals target you through dating apps, social media, text or email and manipulate you into sharing sexual content that they later use to demand money or more images under threats of public exposure.



More information about sextortion and what to do if you're a victim can be found here: scotland.police.uk/advice-and-information/internet-safety/sextortion



PLEASE BE AWARE

we are attempting to maintain a nut free environment in this establishment.

We are aware that we cannot guarantee a nut free environment, but we ask that you are aware and try to support us in reducing the risk for our school community.

