



# ICHS Newsletter

## WC 25/11/24

### E-Sgoil Free Study Support Webinars

E-Sgoil have 51 online webinars available each week covering 27 subjects. Click the following link for more information and to sign up. The website includes webinar timetables, registration information, frequently asked questions and help guides and additional resources. Please be aware you must be logged into Glow before accessing the registration form or links to webinars. We strongly encourage our young people to make the most of these sessions. <https://bit.ly/490FIhT>

### ScotRail - 2025 Modern Apprenticeships Now Live

We are pleased to announce that ScotRail have advertised their Modern Apprenticeships that will commence in August 2025. The closing date for the roles will be 1st February 2025. This year, they are offering a fantastic opportunity for young people to join their teams, with 24 Engineering Maintenance vacancies available across depots in Scotland. These apprenticeships will provide individuals with the skills and knowledge needed to build a successful career in the railway industry, from maintaining and repairing trains to ensuring their safe and efficient operation. Details of vacancies and where to apply: <https://tinyurl.com/3tsbh62m>

### Scottish Schools Indoor Track & Field

Entries are now open for the Scottish Schools Indoor Track & Field Championships On Wednesday 5th & Thursday 6th February at the Emirates Arena in Glasgow. If you are interested in entering the competition, please see Miss Livingstone in PE.



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### Updated Practice Exam Calendar

We would like to inform you that the Practice Exam schedule for S4, S5, and S6 students has now been updated. These exams will continue to take place from 25th November to 6th December 2024, providing a vital opportunity for students to experience working under exam conditions. Practice Exams not only prepare young people for their final assessments but also allow us to identify areas for improvement and set clear, personalised targets to ensure each learner achieves their best.

If your child has three exams scheduled on the same day, they should speak with their teachers. To support their wellbeing, we will reschedule one of the exams to a Friday session, ensuring a more balanced and manageable timetable.

To access the updated Practice Exam schedule and the Supported Study calendar, please visit: <https://bit.ly/48VuxqW>

### SQA: Your National Qualifications

The latest resource from <https://x.com/sqanews> has everything you need to know about completing coursework, from word counts and deadlines to using A.I. It also covers important information about #SQAexams. Download Your National Qualifications:

<https://www.sqa.org.uk/yourNQ>



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## Young Musician of Scotland Competition

Auditions for ICHS Young Musician will take place in the Music Department (G112) after school on Thursday 12th and Friday 13th of December – if there are any issues, let us know and we will arrange an alternative time. If you would like to audition, please see or get in touch with Miss Holroyd by the **6th December** (with music for any accompaniments). A timetable for the auditions will be shared on the following Monday.

Following the auditions, we will choose the Top 5 Young Musicians, who will then perform in the Expressive Arts Showcase in February. An adjudicator will then decide the winner for ICHS, and this person will perform in the West Lothian Final in March.

## Skills Development Scotland

Skills Development Scotland (SDS) work closely with our young people within school and the community where they explore roles, develop skills and support young people in their career journey.

SDS are at the stage of the year where they are collecting feedback from our Parents and Careers – this has been one of their main priorities this year and we are keen to collect feedback against last year. Could you please offer your feedback by clicking on the link below.

[https://sds.qualtrics.com/jfe/form/SV\\_7aD1pVrshfWllUW](https://sds.qualtrics.com/jfe/form/SV_7aD1pVrshfWllUW)



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### The Promise

Scotland made a promise to care experienced children and young people: you will grow up loved, safe and respected and by 2030 that promise must be kept. Mrs Webster is the current Care Experienced teacher to check in with if you have any questions, concerns or comments about the Promise or anything related to your experiences both in school and outside of school. If you want to talk to me at any point, please scan the QR code and fill in the MS form and I will arrange a time to see you.



### S1 Break Times

S1 are to remain in school during break and lunch time. They are advised they should only be at the Astroturf park during lunch if attending the S1 Football Club.

### Football Pitches - Lunch/Litter

Please be reminded that all food should be consumed in the dining hall. No lunches should be taken to the pitches and pupils should have their lunch before going there. If there is a build-up of litter then there will be no access to pitches at lunchtime.



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### November History Quiz

Thanks to everyone who took part in the October quiz, the winning names have been posted on Teams or sent an email. please find below the new November History Quiz. The quiz will run until Friday 29th of November at 5pm. If you've not entered before the prizes include books, DVDs/Blu-rays, jigsaws, stationery and other random bits and pieces so why not give it a go?

This month every entry wins a prize so what have you got to lose? If you have any questions please see Mr O'Callaghan in F73. A reminder to those that have prizes outstanding for other quizzes, make sure to come and collect! Good luck (not that you need it!).

<https://forms.office.com/e/RyTCDYjfAL>



### EMA 2024/25

Education Maintenance Allowance school applications for the 2024/25 academic year are now open. Please note that a fresh application must be submitted each academic year. To apply you'll need to complete both the application form and a learning agreement. All information can be accessed here: <https://www.westlothian.gov.uk/ema>



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### Upcoming Events

26/11/24 - Parent Council Meeting

### School Clubs and Activities



Monday: 13:15 to 13:45 S1 Football Club at the Astroturf Pitch

Monday: 13:20 to 13:50 Vocal Group with Miss Holroyd in the music department

Tuesday: 13:15 to 13:45 S1 Football Club at the Astroturf Pitch

Tuesday: 13:15 to 13:45 The Simpson's Club with Mr O'Callaghan in room F73

Wednesday: 13:15 to 13:45 Juggling Club with Miss Curtis in Home Economics

Wednesday: 13:15 to 13:45 Karaoke Club with Mrs Dunlop in room F83

Wednesday: 13:15 to 13:45 S1 Football Club at the Astroturf Pitch

Wednesday: 13:15 to 13:45 STEM Club with Mrs Lee in room G216

Thursday: 13:15 to 13:45 S1 Football Club at the Astroturf Pitch

Thursday: 13:25 to 13:50 Just Dance Club with Mrs Scott in room G132

Thursday: 15:30 to 16:20 Basket Ball Club with Mr Dewar in the Games Hall

Thursday: 15:30 to 16:20 S1 to S3 Dance Club with Miss Moffat in the Dance Studio

Thursday: 15:30 to 16:20 Volleyball Club with Mr Taylor in the PE department



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### School Contact

Our school is a very busy environment, and we aim to respond to queries as quickly as we can. In order to do this, staff will prioritise urgent issues. Where possible, please avoid turning up at the school without a prior appointment. Instead, please contact us beforehand so a mutually convenient time can be arranged to meet.

We aim to respond to phone and email queries within 2-3 days. When you contact by phone or email, please be ready to provide:

- Your full name and relationship to the pupil
- The pupil's full name
- The pupil's tutor class or house
- Details of what the query is.

If all of this information is provided in your email or in the initial phone call, it enables staff to direct your query to the right person and allows staff to prioritise urgent issues.

01506 280700

**Option 1 - To report an absence or speak to the attendance team**

Option 2 - For all other enquiries

Thankyou.



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## **Young Musician of Scotland Competition 2024/25**

Auditions for ICHS Young Musician will take place in the Music Department (G112) after school on Thursday 12<sup>th</sup> and Friday 13<sup>th</sup> of December – if there are any issues, let us know and we will arrange an alternative time. If you would like to audition, please see or get in touch with Miss Holroyd by the 6<sup>th</sup> December (with music for any accompaniments). A timetable for the auditions will be shared on the following Monday.

Following the auditions, we will choose the Top 5 Young Musicians, who will then perform in the Expressive Arts Showcase in February. An adjudicator will then decide the winner for ICHS, and this person will perform in the West Lothian Final in March.

Any questions or concerns please get in touch ☺







# S1 ChriSTEMas Spectacular Invitation

Get ready to add a dash of holiday magic to STEM! Bring your curiosity, family, and festive spirit to our **S1 ChriSTEMas Spectacular**, where pupils and parents can team up to explore Christmas-themed experiments.

From dazzling chemistry creations to electrifying circuits, there's something for everyone to enjoy.

And to keep the spirit cosy, our Home Economics department will be serving delicious Christmas snacks and hot chocolate. Don't miss this festive evening of STEM, discovery, and seasonal treats!

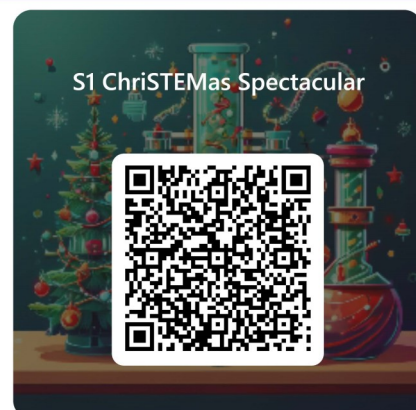
**Register to attend this event by using the QR code.**



Our **S1 ChriSTEMas Spectacular** is open to all S1 pupils and their families.

- Wednesday 11th December
- 5:30 pm - 7:00 pm

Please come and join us



# GIRLS RUGBY



**WE ARE RECRUITING  
FOR OUR GIRLS TEAM  
WEDNESDAYS  
6.30 - 7.30  
INVERALMOND COMMUNITY HIGH  
SCHOOL**

**Come along and give it a  
try  
All abilities welcome  
U12- U18**





# New Inveralmond Youth Club

**P3 - P7 1pm - 3pm**  
**P6 - S2 3.30pm - 5.30pm**

Only £1 per week!

Friday 20th September for a registration session only

**Fridays**  
**1 - 3pm**  
**3.30 - 5.30pm**  
**in Inveralmond Community High School (Access via Main Reception) EH54 6HW**



Our youth clubs, drop-ins and projects are safe spaces that you can come along to if you want to mix with friends, try new activities, engage with experienced youth workers and most importantly be yourself.

For more information on this group contact Mark Drysdale by emailing [mark.drysdalewestlothian.gov.uk](mailto:mark.drysdalewestlothian.gov.uk) or contact our social media pages.

Facebook: West Lothian CLD Youth Services  
Twitter: @CLDyouthWL Instagram: @youthworkwl



# NO SMOKING E-CIGARETTES OR VAPING ON SCHOOL GROUNDS



# Sextortion is blackmail.

Don't panic. Don't pay.  
Report it to police.

Criminals target you through dating apps, social media, text or email and manipulate you into sharing sexual content that they later use to demand money or more images under threats of public exposure.



More information about sextortion and what to do if you're a victim can be found here: [scotland.police.uk/advice-and-information/internet-safety/sextortion](https://scotland.police.uk/advice-and-information/internet-safety/sextortion)



## PLEASE BE AWARE

we are attempting to maintain a nut free environment in this establishment.

*We are aware that we cannot guarantee a nut free environment, but we ask that you are aware and try to support us in reducing the risk for our school community.*

