



ICHS Newsletter

WC 20/01/25

Belfast Trip 18th June 2025

Following the success of the 2024 trip, a return to Belfast to see the Titanic Museum is being arranged for June 18th this year. If you are interested in travelling please come to an information meeting in Mr O'Callaghan's room, F73 for 1.30 on Monday January 27th. Open to S2 to S6 only at this time. If you have any questions in the meantime please see Mr O'Callaghan.

Model United Nations Club

Model United Nations Club will be held every Tuesday lunchtime in Mr Pinder's Class (F71). It is an ideal opportunity to compete against other schools in a friendly and supportive environment. If you enjoy being creative, sharing your ideas and taking part in controversial debates this could be the club for you! If you require more information, do not hesitate to contact Mr Pinder.

S3 Outward Bound Trip

We are running a trip to Outward Bound outdoor activity centre in Fort William from the 19th to 23rd May 2025. Last year we completed activities such as gorge walking, raft building, kayaking etc. Click the following link for more information.

<https://www.outwardbound.org.uk/loch-eil>

We have had a few spaces become available. If you are interested in this opportunity, please contact Miss Moran or Miss Callaghan in the Geography Department.



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How to Help Your Child Pass Evening

We are excited to invite you to our How to Help Your Child Pass Evening on January 29th, from 6pm to 7:30pm at Inveralmond Community High School, for Senior Phase students. This event is designed to provide valuable insights and practical tips to support your child's academic journey.

During the evening, we will cover a range of topics to help your child succeed, including:

- Growth mind-sets and time management
- Progress Tracking and support
- Accessing resources such as Achieve and E-Sgoil
- Subject-specific top study recommendations
- Effective study planning techniques
- Setting SMART targets for success
- Wellbeing support to ensure a balanced approach to studying

At Inveralmond CHS, we are here to support all our students to reach their potential, and we strongly encourage you to make the most of these sessions to ensure your child is fully prepared for the challenges ahead.

Both parents and pupils are warmly invited to attend. Please sign up here to join us:

<https://bit.ly/4g96jLA>

We look forward to seeing you there and working together to help your child thrive.



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Basketball Club

Please be advised that the Basketball club will be **NOT** be on this Thursday. It will return as normal next week.

Hot Chocolate Friday - CEYP

Please be advised that Hot Chocolate Friday will start again from 24th January and will run twice a month. All pupils who are Care Experienced can come along, with friends, and join us for an informal check in. Please see Mrs Webster for details and let her know if you have any dietary requirements.

<https://app5.campus-site.com/public/e/click/z1832ngjqw/j8mnpe0xn6/>

UCL Masterclass (online) now open for applications

These masterclasses are online and designed to give young people an insight into a variety of specialisms at university. UCL Masterclasses are back with a brand-new range of taster lectures, giving Year 12s a taste of university-level teaching. From Ancient Hittite to the Abolition of Slavery in Brazil to the future of cancer research, there's a masterclass for everyone.

Masterclasses are a great platform to learn more about a subject and, at an hour long and hosted online, it's never been easier to join in and learn something new. For a full list of masterclasses available, please check the website via the link below. The application deadline for the March sessions is Sunday 23 February. Apply in link below.

<https://app5.campus-site.com/public/e/click/z1832ngjqw/j8mnpe0xn6/>



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St Andrews University Summer School

Applications for the Sutton Trust Summer School at the University of St Andrews are now open! The Sutton Trust's flagship UK Summer School offers you the chance to attend a residential summer school at a leading university and truly experience student life. At the University of St Andrews Sutton Trust Summer School, you will get the chance to gain insight into two different university subjects, be given support with your application to university, including personal statement guidance and general application support, and experience student life in the town by living in our halls of residence and exploring St Andrews for the week!

Costs for the Summer School are covered by the University of St Andrews and the Sutton Trust; it is free for you to attend! Click here for more info: [Summer School info](#)

Step into Healthcare

The NHS Lothian Step Into Healthcare Work Experience Programme is a unique opportunity for secondary school pupils aged 16 and over to gain practical experience and explore diverse career pathways in healthcare. The programme offers placements in various NHS Lothian departments, including Dentistry, Medicine, Midwifery, and Nursing. Participants will have the chance to shadow experienced professionals, engage in interactive workshops, and learn about different career options.

To find out more please access the following link:

<https://careers.nhslothian.scot/work-experience/step-into-healthcare/>



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Graduate Apprenticeship in Software Engineering

Information for all S5 and S6 students interested in software engineering!

The University of Glasgow is hosting a free online webinar on Tuesday, February 4th at 4:30 PM to give you the inside scoop on their Graduate Apprenticeship in Software Engineering program for 2025.

What will you learn?

Hear directly from employers like SP Energy Networks, Smarter Grid Solutions, and Gallagher about their apprenticeship opportunities.

Discover the application process and get tips for applying successfully.

Ask questions using the chat function during the Q&A session.

This is a fantastic opportunity to learn about a rewarding career path in software engineering and how you can get started as an apprentice.

Register for the webinar here: <https://bit.ly/GAInfoSession>

Spaces are limited, so sign up today!



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Engineering the Future for Girls

The University of Strathclyde is hosting a free, 4-day program called "Engineering the Future for Girls" from May 19th to 22nd, 2025. This is a great opportunity for girls in S1-S3 to learn about different engineering fields through fun and engaging challenges.

The program is fully funded and includes lunch each day. A contribution towards travel costs will also be provided. There are only 100 spots available, so be sure to apply soon!



Engineering the Future for Girls

19 - 22 May 2025

Engineering the Future for Girls is designed to engage girls in a range of engineering challenges that will inspire them to become the next generation of engineers.

This four-day, non-residential programme will run on the University of Strathclyde campus from the 19 - 22 May 2025.

There are 100 places available in total, all of which are fully funded by the industry partners. As a non-residential programme, participants will need to be able to travel to and from the University of Strathclyde campus (Glasgow City Centre) on all four days. A contribution towards travel costs will be provided and lunch will also be provided each day.

Scan the **QR code** or visit for information on the programme, including details on the application process and deadline for applications.

For further information, please contact engineeringthefutureforgirls@strath.ac.uk



Find out more



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Cyber Explorers Cup 2025

This exciting competition, led by the UK Government, gives you the chance to showcase your cyber security skills and win fantastic educational tech prizes. Cyber Explorers is a free, interactive online learning programme designed to introduce students aged 11-14 to cyber security. The programme helps you build crucial online safety skills to thrive in today's tech-driven world. The Cyber Explorers Cup is an online competition where teams race against time to help the Cyber Squad secure their new headquarters. The fastest and most accurate teams win!

Key Dates:

Entry deadline: 21 March 2025

Competition week: 31 March – 4 April 2025 (1-hour time slots for each team)

Winners announced: 30 April 2025

Competition Format: The competition is virtual, so you can take part from school or home. Teams of 4-6 students will solve a series of fun, challenging puzzles.

To give yourself the best chance of winning, it's recommended to complete the Cyber Explorers Challenges and Missions before the event. If you're interested in cyber security, this is a great opportunity to learn more and compete on a national stage!

Please see Mr Higgins in Computing if you are interested.



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Scottish Schools Cross Country Championships

Entries are now open for the Scottish Schools Cross Country Championships. This is a highly competitive event for pupils who are regular distance runners. If you would like more information or to enter, please see Miss Livingstone in PE. Entries close on Friday 7th February.

West Lothian Schools Badminton Championships

If you currently play competitive badminton and would like to enter the West Lothian Schools Badminton Championships on Saturday 8th February, please see Miss Livingstone in PE.

January History Quiz

Thanks to everyone who took part in the History quiz during 2024, below is the first quiz of 2025. As always a wide selection of prizes for all those that take part. This quiz will run until 5pm January 31st and if you have any questions please contact Mr O'Callaghan. Remember to come claim any outstanding prizes from last year too. Thanks

<https://forms.office.com/e/Fa1zKRerKZ>

EMA 2024/25

Education Maintenance Allowance school applications for the 2024/25 academic year are open. Please note that a fresh application must be submitted each academic year. To apply you'll need to complete both the application form and a learning agreement. All information can be accessed here: <https://www.westlothian.gov.uk/ema>



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School Values Award Winners

As you are aware, the end of term reward days were reinstated as a way to highlight pupils who meet the criteria for attendance, lateness and behaviour. The Rewards Group agreed that we would like to reward other types of behaviour too this year, specific to the schools' values: Respect, Kindness and Honesty.

Teachers and support staff were asked to nominate 1 or 2 pupils each who they believe have demonstrated these values throughout the term. The Rewards Group then met to select one pupil from each year group out of the nominations.

Congratulations to our Term 1 Values award winners:

- S1 – Amy Manson (Kindness)
- S2 – Harris Harvie (Respect)
- S3 – Charlie Gray (Kindness)
- S4 – Abby Farquhar & Sam Magee (Kindness)
- S5 – Kirsty Hamilton (Kindness)
- S6 – Alistair Cameron (Kindness)

We will be asking all teachers and support staff to nominate pupils between now and Easter for our Term 2 Values awards. The long-term aim is that these nominations will feed into future award ceremonies through a Head Teacher Values Award.



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The Promise

Scotland made a promise to care experienced children and young people: you will grow up loved, safe and respected and by 2030 that promise must be kept. Mrs Webster is the current Care Experienced teacher to check in with if you have any questions, concerns or comments about the Promise or anything related to your experiences both in school and outside of school. If you want to talk to Mrs Webster at any point, please scan the QR code and fill in the MS form and she will arrange a time to see you.



S1 Break Times

S1 are to remain in school during break and lunch time. They are advised they should only be at the Astroturf park during lunch if attending the S1 Football Club.

Football Pitches - Lunch/Litter

Please be reminded that all food should be consumed in the dining hall. No lunches should be taken to the pitches and pupils should have their lunch before going there. If there is a build-up of litter then there will be no access to pitches at lunchtime.



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Upcoming Events

- 22/01/25 - S5/S6 Parents' Evening (in person)
- 27/01/25 - Belfast trip meeting for interested S2 to S6 students
- 29/01/25 - How to Help Your Child Pass Evening

School Clubs and Activities



- Monday: 13:15 to 13:45 S1 Football Club at the Astroturf Pitch
- Monday: 13:20 to 13:50 Vocal Group with Miss Holroyd in the music department
- Tuesday: 13:15 to 13:45 Model United Nations Club with Mr Pinder in room F71
- Tuesday: 13:15 to 13:45 S1 Football Club at the Astroturf Pitch
- Tuesday: 13:15 to 13:45 The Simpson's Club with Mr O'Callaghan in room F73
- Tuesday: 15:30 to 16:30 Table Top Gaming Club with Mr MacConnell in room G184
- Wednesday: 13:15 to 13:45 Karaoke Club with Mrs Dunlop in room F83
- Wednesday: 13:15 to 13:45 S1 Football Club at the Astroturf Pitch
- Wednesday: 13:15 to 13:45 STEM Club with Mrs Lee in room G216
- Thursday: 13:15 to 13:45 S1 Football Club at the Astroturf Pitch
- Thursday: 13:25 to 13:50 Just Dance Club with Mrs Scott in room G132
- Thursday: 15:30 to 16:20 Basketball Club with Mr Dewar in the Games Hall
- Thursday: 15:30 to 16:20 S1 to S3 Dance Club with Miss Moffat in the Dance Studio
- Thursday: 15:30 to 16:20 Volleyball Club with Mr Taylor in the PE department



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New Inveralmond Youth Club

P3 - P7 1pm - 3pm
P6 - S2 3.30pm - 5.30pm

Only £1 per week!

Friday 20th September for a registration session only

Fridays
1 - 3pm
3.30 - 5.30pm
in Inveralmond Community High School (Access via Main Reception) EH54 6HW



Our youth clubs, drop-ins and projects are safe spaces that you can come along to if you want to mix with friends, try new activities, engage with experienced youth workers and most importantly be yourself.

For more information on this group contact Mark Drysdale by emailing mark.drysdalewestlothian.gov.uk or contact our social media pages.

Facebook: West Lothian CLD Youth Services
Twitter: @CLDyouthWL Instagram: @youthworkwl



NO SMOKING E-CIGARETTES OR VAPING ON SCHOOL GROUNDS



Sextortion is blackmail.

Don't panic. Don't pay.
Report it to police.

Criminals target you through dating apps, social media, text or email and manipulate you into sharing sexual content that they later use to demand money or more images under threats of public exposure.



More information about sextortion and what to do if you're a victim can be found here: scotland.police.uk/advice-and-information/internet-safety/sextortion



PLEASE BE AWARE

we are attempting to maintain a nut free environment in this establishment.

We are aware that we cannot guarantee a nut free environment, but we ask that you are aware and try to support us in reducing the risk for our school community.

