



# ICHS Newsletter

## WC 21/04/25

### Senior Alton Towers trip

The Senior (Current S4 to S6) trip to Alton Towers will be on Thursday 26th June. Cost will be £50 to £60 depending on numbers. Can you see Mr Dunlop in Maths to pick up your letter. The tear off slip confirming that you wish to go should be returned to Mr Dunlop (this does not secure your place. Places will be secured later on when deposits are set up and taken).

### Belfast trip - September Spaces Left

There are a small number of places left on the September Belfast trip, these will now be allocated on a first come first serve basis so if you want to go, please collect paperwork from Mr O'Callaghan or Miss Drain asap. If you have already handed a form in and Mr O'Callaghan has not been in touch, please go to see him, there are a few he's still processing. Any questions please let Mr O'Callaghan know.

### April History Quiz

Please find below, the link for the April History quiz. If you enter you've got a chance of winning books, DVDs, jigsaws and stationery and other bits and pieces Mr O'Callaghan has got his hands on. Last month there were nearly 50 winners so why not give it a go? The quiz runs until 5pm on April 30th. Good luck!

<https://forms.office.com/e/j6J8NaRakh>



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# ICHS Newsletter

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### No Karaoke Club

Karaoke Club will not be running during exam time.

Due to the use of the classrooms around Mrs Dunlop's room karaoke club will not be running until after the exams are finished. See Mrs Dunlop if unsure.

### NQ and HNC Accounts courses

West Lothian College Announcement - For attention of school leavers.

At West Lothian College, our NQ & HNC Accounting courses equip students with the skills and qualifications for a career in Finance. With our articulation agreement with Heriot-Watt University, students can progress directly to 3rd year of Accountancy and Law after successfully completing the HND Accounts course.

Find out more at our Information Evening: Tuesday, 29 April between 6-7pm. Contact Tracy Dalling, [tdalling@west-lothian.ac.uk](mailto:tdalling@west-lothian.ac.uk) for details. Apply direct [WLC - Course Finder](#)



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### Stills Photography School

Stills School is an alternative photography school for 16-25 year olds who face barriers to accessing the arts. The school is free of charge. All materials and equipment are provided, and we can cover travel expenses too.

Contact is an introductory 8 week photography course that will teach you basic photography skills as well as encourage you to develop your own projects. You don't need any experience in making photographs, just a passion for photography. In a small group you will learn about different photographers and be supported to find your own style. Whether you prefer analogue or digital, we'll make sure you feel confident using your new skills. Everyone will have prints to take home or download at the end of the course.

Who should apply for CONTACT? This is for young people aged 16-25 who face barriers to accessing the arts. We are looking for young people who are keen to try something new.

Should you be interested, please see Mrs Neave for further information.



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### Livingston Road Closures

There are currently a number of road closures across Livingston, please refer to the following link in case any of these will affect travel to and from Inveralmond.

<https://www.westlothian.gov.uk/article/31085/Livingston-Road-Closures>

### Ethos Survey 2025

Please find below the links for both the pupil (S1 to S3) and parent/carer Ethos Surveys. These will close on Friday 25th April 2025.

Ethos Survey 2024-2025: S1 to S3 Pupils: <https://forms.office.com/e/X98XRyhcl0>

Ethos Survey 2024-2025: Parents/Carers: <https://forms.office.com/e/fP8ydWat2i>

### S1/ASN Area Gates

Access and egress via the ASN department and S1 Area should cease as this is not a school entrance, and infringes school security. Students should use the main pupil entrance or main reception entrance going forward. All visitors to the school must enter through the main reception entrance. The S1/ASN gates should be kept closed at all times.



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### Exam Support & SQA Info - All You Need to Know!

As we approach exam season, we want to ensure that all students have the support and information they need to feel confident and prepared. At Inveralmond, we are committed to helping every student succeed.

#### Study Support & Spaces

A range of study support sessions are available between now and the start of exams, covering all subjects. These sessions provide opportunities for extra help with revision techniques, and subject-specific guidance. During study leave, we will also have dedicated study spaces available in school to provide a calm and focused environment for revision. Full details of these sessions and spaces can be found here:

[Exam Support Information](#)

#### SQA Information & Expectations

It is important that all students understand the key information regarding their coursework and exams. This includes deadlines, exam procedures, and the impact of incomplete coursework or missed examinations. We encourage all students and parents/carers to review this information carefully to ensure that all requirements are met. You can find full details here: [SQA Information](#)

If you have any questions or concerns, please do not hesitate to get in touch. We are here to support every student in achieving their best.

Thank you for your continued support.



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### Young Scot App

Message from Young Scot: We're excited to announce the launch of the new Young Scot app, developed with direct input from young people to ensure it meets their needs. This app provides an easy and accessible way for young people to enjoy the benefits of Young Scot national services on the go.

The app gives young people access to Membership Services (Discounts, Rewards and Entitlements) as well as new exciting features including:

- \* The ability to order a replacement Young Scot National Entitlement Card through the app.
- \* A digital card within the app that allows young people to access show and go discounts in stores (young people will continue to use their physical Young Scot National Entitlement Card for free bus travel and proof of age).
- \* A 'Near me' interactive map of discounts in their local area and beyond.

The app can now be downloaded from IOS and Android app stores.

We have created a [toolkit](#) with information, images and example comms. To support enquiries from young people please also see our [app FAQs](#).



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### Early Careers Programmes at Crerar Hotels

The Early Careers Programmes at Crerar Hotels offer the perfect opportunity for young people aged 16-19 to earn while they learn, in a flexible way catered towards their own learning style within the area of the business they are interested in. Applications close 16th May.

At Crerar Hotels, we launched our new Early Careers Programme early summer 2024, and we are about to celebrate the success of a group of talented individuals who have completed year 1 of our company programme, whilst gaining qualifications ranging from Level 5 Hospitality Services, Level 6 Business Admin, Level 5 Professional Cookery, with many of last years cohort now ready to progress on to L7 Hospitality Supervision and Leadership or L8 Hospitality Management. A year worth of invaluable on job experience, a qualification to their name, all whilst earning a salary.

If you're interested, please contact Mr Higgins.

### Polbeth Hub Volunteering Opportunities

Polbeth Community Hub have three fantastic volunteering opportunities for young people interested in Bookkeeping/social media/finance/business admin. More information is attached on the following two pages; they ask that the young people are able to commit to the role for at least six months.

If you're interested, please contact Mr Higgins.



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## **Volunteer: Bookkeeping Assistant**

Location: Polbeth Community Hub

Time Commitment: 2 hours per week minimum (flexible on days and times)

### **About**

The Hub has created a brand new mini social enterprise that is offering low-cost business support to start ups, third sector organisations and tradespeople in West Lothian.

Are you good with numbers or interested in how businesses manage their money? This is a great opportunity to get hands on experience of basic bookkeeping in a real working environment.

You'll be part of a small team of volunteers, led by a co-ordinator, helping with:

- Record income and expenses
- Learn the basics of accounting software like Xero, Quickbooks and Freeagent
- Use spreadsheets to track transactions
- Raise invoices and match payments received
- Prepare bank reconciliations
- Prep VAT returns
- Keep mileage logs
- Help prepare reports for stakeholders

We'll show you the basics and support you every step of the way. You'll build a mini portfolio of your own clients to work on, while gaining skills employers are looking for.

### **Interested?**

Email us: [hub@polbeth.org](mailto:hub@polbeth.org)

Let us know where you're based, your availability and the best phone number to contact you on.





## **Volunteer: Social Media Support**

Location: Polbeth Community Hub

Time Commitment: 1.5 hours per week minimum (flexible on days and times)

### **About**

The Hub has created a brand new mini social enterprise that is offering low-cost business support to start ups, third sector organisations and tradespeople in West Lothian.

Love TikTok, Instagram or Canva? This could be the perfect way to gain new skills and experience. Help us create content for local businesses and manage their accounts. You'll gain real life experience in a friendly, supportive environment.

You'll be part of a small team of volunteers, led by a co-ordinator, helping with:

- Content planning, creation and scheduling
- Design posts and simple graphics using Canva
- Page and profile management
- Engagement monitoring
- Provide insights and reporting

We'll help you set goals, build a mini portfolio of your own clients to work on, while you gain skills employers are looking for.

### **Interested?**

Email us: [hub@polbeth.org](mailto:hub@polbeth.org)

Let us know where you're based, your availability and the best phone number to contact you on.

# CAROUSEL TRAINING CENTRE

## Are you interested in a career in Early Years?

- ✓ Are you aged between 16-19 years old?
- ✓ Do you want to work towards an industry recognised accredited qualification?

✓ Would you like to work full-time as an Early Years Modern Apprentice in a nursery working with babies to children aged 5 years old?

- We interview you for the training position
- We assist you to secure employment to undergo your training
- You will be trained over 12-15 months to be a fully qualified Early Years Practitioner, undertaking an SVQ Social Services (Children and Young People SCQF Level 7)
  - You Graduate upon completion
  - No experience is necessary
  - Work and Earn while you learn!

*More info*



Apply online at **[www.carouseltraining.co.uk](http://www.carouseltraining.co.uk)**

*Carousel Training Centre is an equal opportunities training provider*







## **WE NEED YOU!**

**Generation Arts in partnership with Reconnect Theatres are looking for long-term Livingston residents to share their memories of the area! If you have memories of community events such as the annual boat race, Livingston Festival, gala days, concerts at The Forum or visits from HRH Queen then we would love to hear from you.**

Working with filmmaker Tomás Sheridan and younger members of the community, we are creating a new heritage film inspired by your stories, using recently digitised archive footage of Livingston provided by West Lothian Council's Museums and Archive department.

We are looking for you to share your memories and be interviewed on film by the young people with our filmmaker Tomás. We aim to show the finished film at Reconnect Howden Park in June 2025.

Interviews for the film to help us capture your stories will take place in April - June. If you are interested in taking part or would like to find out more **please contact Fiona Low either by email - [fiona.low@westlothian.gov.uk](mailto:fiona.low@westlothian.gov.uk) or call or text 07740 578 224.**

Supported by Generation Arts. Funded by:



**Film Hub  
Scotland**



**FAN**  
BFI FILM AUDIENCE NETWORK



**THE  
NATIONAL  
LOTTERY**

**SCREEN SCOTLAND  
SGRÌN ALBA**



The school payment app

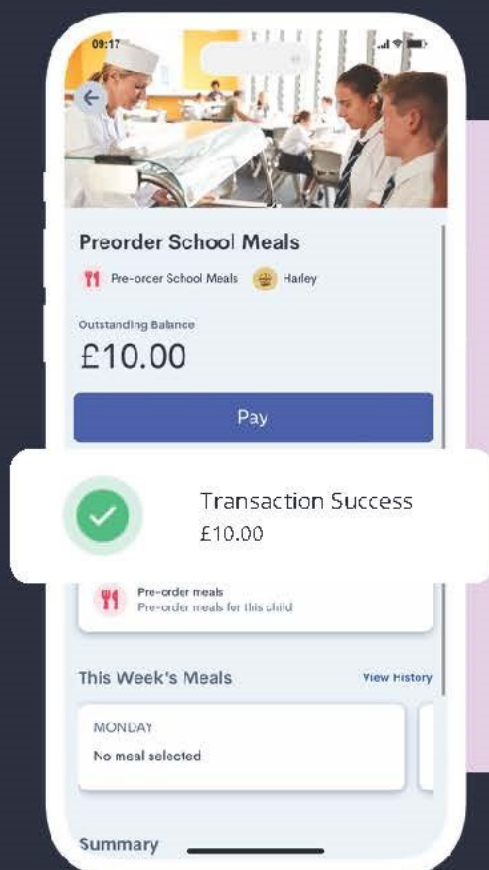
## Get ready for a better school payment experience with the iPayimpact app!

From simple purchases to quick top-ups, the convenient app makes it super easy to manage everything related to school payments directly from your mobile phone.



## Make school payments anytime, anywhere.

- ✓ Pay for school clubs & trips
- ✓ Donate for charity days & purchase event tickets
- ✓ Purchase items from the school shop





## One account, in one place

Browse all of your children's accounts in one convenient place.

## Stay informed of your balance and easily make payments!

Receive low balance alerts and quickly top up with **Apple and Google Pay** or your preferred card.

Stay in the loop with push notifications.



Download the iPayimpact app



Download on the  
**App Store**



GET IT ON  
**Google Play**



# Want to cut costs and save on carbon?

Come and chat with our experts at your local rugby club about the latest green tech and how you can make your home more energy efficient.

## **Alloa RFC**

Earlsfield, Forth Cres,  
Alloa FK10 1QW  
5th April | 2 - 6pm

## **Livingston RFC**

Almond Park,  
Livingston EH54 5NP  
12th April | 10am - 2pm

## **Grangemouth RFC**

Glensburgh Road,  
Grangemouth FK3 8XL  
26th April | 12 - 4pm

## **Ardrossan RFC**

Sorbie Road, Ardrossan  
KA22 8AP  
4th May | 10am - 2pm

## **Moffat RFC**

The Holm, Moffat  
DG10 9QJ  
11th May | 11am - 2pm

Find out More





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### Upcoming Events

23/04/25 - S6 Graduation Ceremony

24/04/25 - S6 Last Day

25/04/25 - S3 Reports Issued

25/04/25 to 30/05/25 - SQA Exams & Study Leave

### School Clubs and Activities

Monday: 13:15 to 13:45 S1 Football Club at the Astroturf Pitch

Monday: 13:20 to 13:45 Craft Club with Mrs Fleming & Miss Christmas in room G207

Monday: 13:20 to 13:50 Vocal Group with Miss Holroyd in the music department

Tuesday: 13:15 to 13:45 Model United Nations Club with Mr Pinder in room F71

Tuesday: 13:15 to 13:45 S1 Football Club at the Astroturf Pitch

Tuesday: 13:15 to 13:45 The Simpson's Club with Mr O'Callaghan in room F73

Tuesday: 15:30 to 16:30 Table Top Gaming Club with Mr MacConnell in room G184

Wednesday: 13:15 to 13:45 Karaoke Club with Mrs Dunlop in room F83

Wednesday: 13:15 to 13:45 S1 Football Club at the Astroturf Pitch

Wednesday: 13:15 to 13:45 STEM Club with Mrs Lee in room G216

Wednesday: 13:20 to 13:50 Rainbow Alliance (LGBTQ+) Group in the HE childcare room

Thursday: 13:15 to 13:45 S1 Football Club at the Astroturf Pitch

Thursday: 13:25 to 13:50 Just Dance Club with Mrs Scott in room G132

Thursday: 15:30 to 16:20 Basketball Club with Mr Dewar in the Games Hall

Thursday: 15:30 to 16:20 S1 to S3 Dance Club with Miss Moffat in the Dance Studio

Thursday: 15:30 to 16:20 Volleyball Club with Mr Taylor in the PE department



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### The Promise

Scotland made a promise to care experienced children and young people: you will grow up loved, safe and respected and by 2030 that promise must be kept. Mrs Webster is the current Care Experienced teacher to check in with if you have any questions, concerns or comments about the Promise or anything related to your experiences both in school and outside of school. If you want to talk to Mrs Webster at any point, please click on the following link and fill in the MS form and she will arrange a time to see you.

<https://tinyurl.com/ywc72uks>

### Hot Chocolate Friday - CEYP

Hot Chocolate Friday will run twice a month. All pupils who are Care Experienced can come along, with friends, and join us for an informal check in. Please see Mrs Webster for details and let her know if you have any dietary requirements.

<https://app5.campus-site.com/public/e/click/z1832ngjqw/j8mnpe0xn6/>

### S1 Break Times

S1 are to remain in school during break and lunch time. They are advised they should only be at the Astroturf park during lunch if attending the S1 Football Club.

### Football Pitches - Lunch/Litter

Please be reminded that all food should be consumed in the dining hall. No lunches should be taken to the pitches and pupils should have their lunch before going there. If there is a build-up of litter then there will be no access to pitches at lunchtime.



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### May Immunisations

HPV and MMR Vaccines coming on May 22 May 2025. These are for students in S1 and also offered for S2 to S6 students who have never received the vaccine.

Evidence shows the HPV vaccine helps protect people from HPV-related cancers. The human papillomavirus (HPV) vaccine is offered to every S1 pupil in Scotland.

Getting the vaccine now protects you against future risks. HPV can lead to cancers like:

Head and neck cancers

Cervical cancer

Anogenital cancers – for example, anal, penile (penis) cancer, cancer of the vagina, and cancer of the vulva

A recent study looked at cases of HPV-related cervical cancer in women living in Scotland. It found that there have been no cases in fully vaccinated women who got their first dose of the HPV vaccine at 12-13 years old.

The HPV vaccine also protects you against over 90% of genital wart infections.

Please see the website for more information:

[https://www.nhsinform.scot/hpv?trk=public\\_post-text](https://www.nhsinform.scot/hpv?trk=public_post-text)



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### Changes to Pupil Entrance

All pupils were recently informed at an assembly that the pupil entrance door times would change. This change relates to school security.

Our pupil entrance will continue to open at 08:00 as before. At 08:40 the pupil entrance will now lock securely and there will be no further access to the building from the pupil entrance from this time.

All young people should aim to be on time for school, which begins at 08:35. Any pupil arriving at class after 08:35 is considered to be late. Any young person arriving at school after 08:40 should now report to the Community Entrance where a member of staff will sign them in. At this point a groupcall message will be sent to all parental contacts to inform them that their young person has arrived in school, has signed in late, and indicate how late to school they are.

As per our policy, if a young person has an appointment, please inform the school of this in advance if possible so we are aware of this.

### Building Security

Please be advised that students should not allow entry to the school to other pupils or adults. They should walk past the doors and if need be inform an a member of staff if anyone is looking to gain entry to the school. Pupils should enter the school via the main reception entrance after 9am if late or if out of school for appointments etc.



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### School Contact

When calling Inveralmond Community High School, you will be asked to select an option so that you can be connected with the right team in the school. Our staff have been trained to ask you a few questions so that they can direct your call to the person or team who is best placed to support you with your query.

In line with our school values, please be patient and kind while they gather all the information they need from you. In order to direct your query staff will need to ask for your full name; if you are calling about a pupil they will ask for the pupils' full name and your relationship to the pupil. It would also be helpful if you could tell us the pupil's tutor class or house, and in order for us to prioritise calls we will need details of what your query relates to.

#### **By telephone**

01506 280700 Then select one of the following options;

1. Reporting an absence
2. School Office

#### **By Email**

[wlinveralmond-chs@westlothian.org.uk](mailto:wlinveralmond-chs@westlothian.org.uk)



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## New Inveralmond Youth Club

**P3 - P7 1pm - 3pm**  
**P6 - S2 3.30pm - 5.30pm**

Only £1  
per week!

Friday 20th  
September for a  
registration session  
only

**Fridays**

**1 - 3pm**

**3.30 - 5.30pm**

**in Inveralmond  
Community High School**

**(Access via Main  
Reception)**

**EH54 6HW**



Our youth clubs, drop-ins and projects are safe spaces that you can come along to if you want to mix with friends, try new activities, engage with experienced youth workers and most importantly be yourself.

For more information on this group contact Mark Drysdale by emailing [mark.drysdalewestlothian.gov.uk](mailto:mark.drysdalewestlothian.gov.uk) or contact our social media pages.

West Lothian CLD Youth Services

@CLDyouthWL @youthworkwl



# NO SMOKING E-CIGARETTES OR VAPING ON SCHOOL GROUNDS



## Sextortion is blackmail.

Don't panic. Don't pay.  
Report it to police.

Criminals target you through dating apps, social media, text or email and manipulate you into sharing sexual content that they later use to demand money or more images under threats of public exposure.



POLICE SCOTLAND  
POLICE ALBA

More information about sextortion and what to do if you're a victim can be found here: [scotland.police.uk/advice-and-information/internet-safety/sextortion](https://scotland.police.uk/advice-and-information/internet-safety/sextortion)



## PLEASE BE AWARE

**we are attempting to  
maintain a nut free environment  
in this establishment.**

*We are aware that we cannot guarantee a nut free environment, but we ask that you are aware and try to support us in reducing the risk for our school community.*



EDUCATION SUPPORT SERVICES  
Inclusion in West Lothian